



**DR. D. Y. PATIL MEDICAL COLLEGE, HOSPITAL &
RESEARCH CENTRE, PIMPRI, PUNE 411018**
NABH/NABL ACCREDITED HOSPITAL AND LABORATORY
DR. D. Y. PATIL VIDYAPEETH, PUNE
(Deemed To Be University)

Accredited (3rd Cycle) by NAAC with a CGPA of 3.64 on four point scale at 'A++' Grade
ISO 9001 : 2015 AND 14001 : 2015 CERTIFIED UNIVERSITY

Ref. No. (DYPMC/PSM/UHTC/12/2022)

Date: 03/08/2022

Activity: Health Awareness activity on importance of Breast Feeding for ANC & PNC mothers.

Venue: UHTC (Urban Health and Training Centre), Ajmera.

Description: On the occasion of “World Breastfeeding week” an awareness program was organized on the theme: Breastfeeding awareness and its benefits on 03/08/2022 by UHTC, Community Medicine. The Program was conducted at UHTC under the guidance of Dr. Amitav Banerjee, Dr Hetal Rathod, Dr. Swati Ghonge, Dr. Kanchan Ingle, Dr. Tanu Baxi (L.M.O., UHTC), Ajmera gave a talk on the importance of breastfeeding and its effect on health of the mother and the baby. Dr Tanu Puri, Dr Kanchan Ingle, Dr. Rashmi Poduval (lactation consultant) and Dr. Dhivakar KT created awareness amongst the community about various positive effects of breastfeeding for the mother and baby, and other measures to be taken using a PowerPoint presentation. Medical Social Worker, Health Educator actively participated in motivating the public by visiting the residents & guiding them to UHTC. A total of 26 people from nearby were present for the program. The students posted in UHTC enthusiastically took part in the entire activity by making charts.





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Ref. No. (DYPMC/PSM/UHTC/12/2022)

Date: 04/08/2022

Activity: Activities on Breast Feeding Week.

Venue: Anganwadi, Laltopi nagar.

Description: On the occasion of “World Breastfeeding week” an awareness program was organized on the theme: Breast feeding awareness its benefits on 04/08/2022 by Community Medicine, UHTC. The Program was conducted at Anganwadi Lal Topi Nagar under the guidance of Dr Amitav Banerjee, Dr. Hetal Rathod, Dr. Swati Ghonge, Dr. Kanchan Ingle & Dr. Tanu Baxi (L.M.O., UHTC), Ajmera gave a talk on the importance of breastfeeding and its effect on health of the mother and the baby. Interns performed a skit in Anganwadi to create awareness amongst the community about various positive effects of breastfeeding for the mother and baby, disadvantages of bottle feeding & benefits of vaccination, and other measures to be taken. Dr Vaibhav Singh played the role of a narrator and gave an introduction about the skit, Dr Riya Srivastava played the role of Anganwadi sevika, Dr. Oishanu Nath(intern) played the role of a doctor, Anuradha Vhanmane (Health Educator) played the role of a mother, and Dr. Mrinal Tiwari helped with other arrangements.

Medical Social Worker and Health Educator participated actively in the program. A total of 24 people from the locality were present for the program and were the beneficiaries of the activity.





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Ref. No. (DYPMC/PSM/UHTC/13 /2022)

Date: 01/09/2022

Activity: Health Education on nutrition for mothers & recipe competition to observe the National Nutrition Week 2022.

Venue: Bhagwat Geeta Mandir, Kharalwadi, Pimpri.

Description: On the occasion of “National Nutrition Week” (1-7 Sept.) an awareness program was organized on 01/09/2022 by UHTC, Community Medicine. The Program was conducted at Bhagwat Geeta Mandir, Kharalwadi, Pimpri under the guidance of Dr. Amitav Banerjee, Dr. Hetal Rathod, and Dr. Kanchan Ingle. Dr. Kanchan gave a talk on the importance of nutrition and nutritive dishes and its effect on health. A rally was conducted by Anganwadi sevika whose subject was „Sahi poshan desh roshan“ which was attended by our interns & UG students. Interns Dr. Siddhanth and Dr. Naina created awareness amongst the community about various Nutritive dishes and their effects on health. In view of this week, a competition also took place in which various types of nutritive dishes were cooked and a total of 3 participants were declared winners. After this event, everybody worshiped „Savitribai Phule“ and as a token of participation they were gifted a tulsi plant. Medical social workers, health educators actively participated in this activity. A total of 80 Anganwadi Sevika & Madatnis were present for the program. The interns and UG students enthusiastically took part in the entire activity by making posters and charts making the topic more interesting and understandable.





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Ref. No. (DYPMC/PSM/UHTC/ 13 /2022)

Date: 02/09/2022

Activity: Healthy Baby Competition at Anganwadi, Nanekar chal on the occasion of National Nutrition Week.

Date: 02/09/2022

Venue: Nanekar Chal, Pimpri.

Description: On the occasion of "National Nutrition Week" (1-7 Sept.) an awareness program was organized on 02/09/2022 by UHTC, Community Medicine. The Program was conducted at Nanekar Chal, Pimpri under the guidance of Dr Amitav Banerjee, Dr. Hetal Rathod, Dr. Swati Ghonge. Dr Gracia & Dr. Deepu actively participated in examining health status of all participants. In view of this week, a healthy baby Competition was organized for age groups 0-6 years & a total of 9 kids were declared winners out of 39 participants. Medical social workers, health educators actively participated in this activity. They interacted and cleared their doubts to their satisfaction making the event a grand success. The interns posted in UHTC made the event interesting and engaging with the posters made by them.





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Ref. No. (DYPMC/PSM/UHTC/ 14 /2022)

Date: 07/09/2022

Activity: Health Awareness session to be conducted on various Vector Borne Diseases to sensitize the community and promote health.

Date: 07/09/2022

Venue: UHTC, Ajmera

Description: The Department of Community Medicine & the UHTC organized a Vector borne Disease program on 07/09/2022 the program was conducted from 11am to 12 noon and the people were informed about these vector borne diseases. Interns took a combined effort one by one and gave a brief information about Dengue, malaria, chikungunya, and hepatitis. The program was attended by 20 people. The beneficiaries asked their doubts regarding the same and were cleared by the speakers. They also gave feedback regarding the existing local problems and possible solutions. The program was supervised by Dr. Tanu Baxi, Ajmera under the guidance of Dr. Amitav Banerjee, Dr. Hetal Rathod, Dr Kajal Srivastava, and Dr. Swati Ghonge and Dr Kanchgan Ingle





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Ref. No. (DYPMC/PSM/UHTC/ 15 /2022)

Date: 09/11/2022

Activity: Health camp for the health checkup and general welfare of women.

Date: 09/11/2022

Venue: UHTC, Ajmera

Description: The Department of Community Medicine & the UHTC in collaboration with YCM (P.C.M.C. hospital) organized a health check-up camp for women on 09/11/2022. The screening was conducted from 10 am to 3 pm. & participants were screened for blood sugar levels and blood pressure and Hb % estimation, along with height and weight of each patient. A total of 52 people were screened on 9th November 2022. MSW, health educators actively participated in motivating the public by conducting a house to house visit and guided the people to UHTC for availing the benefits of the camp. The interns posted in UHTC enthusiastically took part in the entire activity making it a success. The Program was supervised by Dr. Tanu Baxi, Ajmera under the guidance of Dr. Amitav Banerjee, Dr. Hetal Rathod, Dr.Kajal Shrivastava, Dr. Swati Ghonge and Dr. Kanchan Ingle.





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Ref. No. (DYPMC/PSM/UHTC/16 /2022)

Date: 01/12/2022

Activity: Organizing a Skit Play in observation of „World AIDS Day“ to increase awareness and promote health in the community.

Date: 01/12/2022

Venue: Lal Topi Nagar, Morwadi.

Description: The Department of community Medicine & the UHTC organized a „Skit Play“ to create awareness on AIDS in collaboration with the Nursing students posted at UHTC along with the faculties for Community People on 01/12/2022 to observe the World AIDS Day by spreading awareness and information regarding the infection, disease, precautions, and treatment. The event started at 11:00 AM at the venue with general introduction and sensitization by the faculty. Then intern Dr. Vaibhavi Tamaskar gave a speech followed by skit play by nursing students.

There were 35 people present for the event. The skit performed by the interns was warmly welcomed by the community with a learning and accepting attitude. The program was supervised by Dr. Tanu Baxi, under the guidance of Dr. Amitav Banerjee, Dr. Hetal Rathod, Dr. Kajal Srivastava, Dr. Swati Ghonge and Dr. Kanchan Ingle.





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Ref. No. (DYPMC/PSM/UHTC/7/2022)

Date: 15/12/2022

Activity: "Measles Rubella" vaccination camp for children & Haemoglobin estimation for women.

Date: 15/12/2022

Venue: Urban Health Training Center, Ajmera.

Description: The Department of Community Medicine & the UHTC in collaboration with YCM (P.C.M.C. hospital) organized a MR Vaccination camp for children & hemoglobin estimation camp for women on 15/12/2022. The screening was conducted from 10 am to 3 pm. & Women were screened for Hb levels along with vaccination for Children. Total 39 women were screened on Hb% estimation and 2 beneficiaries for vaccination on 15th December 2022. Iron supplementation was given for 1 month whose Hb% was < 10gm. Health educators actively participated in motivating the public by conducting a house to house visit prior to the camp and guided the people to UHTC. The interns posted in UHTC enthusiastically took part in the entire activity. The program was supervised by Dr. Tanu Baxi (L.M.O., UHTC), Ajmera under the guidance of Dr. Amitav Banerjee, Dr. Hetal Rathod, Dr. Kajal Srivastava, Dr. Swati Ghonge and Dr. Kanchan Ingle.





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Ref. No. (DYPMC/PSM/UHTC/18/2023)

Date: 07/01/2023

Activity: Conducting a health check- up camp at the Rajmata Jijau Shikshan Prasarak Mandal's College in benefit of the students.

Date: 07/01/2023

Venue: Rajmata Jijau Shikshan Prasarak Mandal's College

Description: The Urban Health Training Center under department of Community Medicine organized a student health check-up camp from 5th January 2023 to 7th January,2023 at Rajmata Jijau Shikshan Prasarak Mandal's College. A total of 462 students were examined. The screening was conducted from 9 AM to 1PM and the participants were screened for their basic personal history, blood pressure, ophthalmology check-up, general and systemic examination, and additional dental check-up. Out of the 462 total participants, 293 were found to be not having any related health issues. 39 had vision related issues, 11 had skin issues, 23 had dental concerns, 62 were anemic, 16 had gynecology related issues, 6 had ENT problems, 12 had respiratory problems. The camp was organized under the guidance of Dr. Amitav Banerjee, Dr. Hetal Rathod, Dr. Swati Ghonge, Dr. TanuBaxi, Dr. P.J. Thorat and Dr Kanchan Ingle. The resident doctors, MPH students, and 11 interns posted in UHTC enthusiastically took part in the entire activity. The MSW and Health Educator actively participated in motivating the public by visiting the residents and guiding them.





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Ref. No. (DYPMC/PSM/UHTC/ 19 /2023)

Date: 09/03/2023

Activity: Health education and awareness session for women at Morwadi to promote health.

Venue: Morwadi, LalTopi Nagar

Description: The Department of community Medicine& the UHTC organized a Health education activity for women on 09th March 2023. The activity was conducted from 10 am to 12.30 pm and all the women in Morwadi were educated about issues faced by women regarding diet, hygiene, pregnancy, labour activity, mental health, women empowerment. MSW, Health Educator actively participated in motivating the public to take part in the activity and gaining knowledge. Women were educated on the following aspects. Meals required to be taken during pregnancy, balanced diet to be followed. Importance of rest for 8-9 hours a day during pregnancy. How to practice personal hygiene. Importance of iron and folic acid supplementation, tetanus vaccine needs for immunization of children. The interns posted in UHTC enthusiastically took part in the entire activity. The program was supervised by Dr. Tanu Baxi under the guidance of Dr. Amitav Banerjee, Dr. Hetal Rathod, Dr. Kajal Srivastava, Dr. Swati Ghonge and Dr. Kanchan Ingle.





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Ref. No. (DYPMC/PSM/UHTC/20 /2023)

Date: 24/03/2023

Activity: Creating awareness on preventing TB on the occasion of “World Tuberculosis Day.”

Venue: UHTC, Ajmera.

Theme: Yes, we can end TB

Description: On the occasion of “World Tuberculosis Day” (24th March) an awareness program was organized on 24/03/2023 by UHTC, Community Medicine. The Program was conducted at UHTC, Ajmera under the guidance of Dr. Hetal Rathod, Dr.kanchan and DrTanu Baxi. An introductory speech was given by Dr. Pradyumna Ghogre which consisted of all the basic information necessary for the social awareness of Tuberculosis. Later the public were made aware about modes of transmission, Signs and Symptoms, Investigations, Treatment and Prevention. Following which a conclusive and more interactive session was undertaken by Dr.Tanu Baxi. For all of the 15-20 people present for the program, everyone was satisfied and asked their doubts to which Dr. Tanu Baxi provided satisfactory responses. The interns posted in UHTC enthusiastically took part in the entire activity by making posters on TB.





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Ref. No. (DYPMC/PSM/UHTC/0/2023)

Date: 08/04/2023

Activity: Creating awareness on overall health of the person on the occasion of “World Health Day”

Theme: Health for all

Venue: UHTC, Ajmera.

Theme: Health for all

Description: On the occasion of “World Health Day” (7th April) an awareness program was organized on 08/04/2023. The Program was conducted at UHTC, Ajmera under the guidance of Dr. Hetal Rathod, H.O.D of Community Medicine. An introductory speech about WHO was given by Dr. Anamika Kumari which contained all the basic information about the World Health Organization. Following the speech, Dr. Vanshika Gupta gave a brief idea of the importance of mental health after which, Dr. Rushil Saparia told about the importance of breastfeeding and a few tips on how to improve mother-child bond and mental health of the child. Dr. Sameeksha Rao then spoke about Non communicable diseases such as Diabetes, Obesity, precautions to be followed and its prevention. Interns made the session interesting by displaying posters made by them. At last Dr. Tanu Baxi interacted with patients and solved their doubts. 15-16 people attended the program. The event was made successful by the collective effort of staff and Students.





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Ref. No. (DYPMC/PSM/UHTC/22/2023)

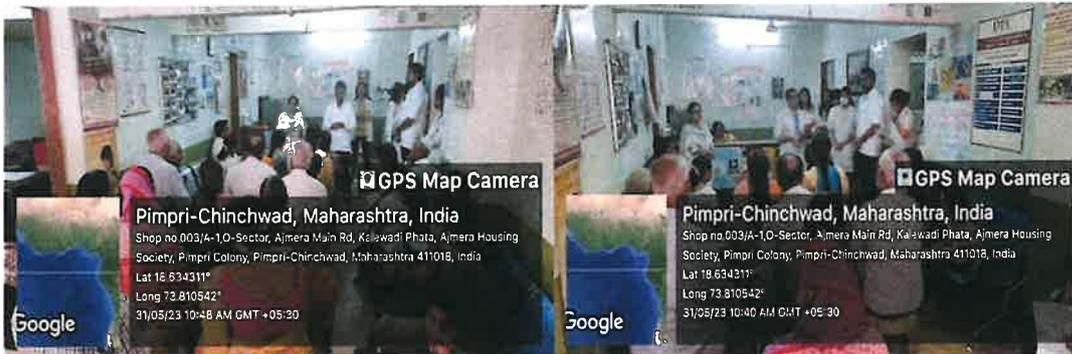
Date: 31/05/2023

Activity: Providing an Insight on health hazards related to Tobacco consumption

Theme: Grow food, not tobacco

Venue: UHTC, Ajmera.

Description: On the occasion of “World No Tobacco Day” (31st May 2023) an awareness program was organized on 31/05/2023 by the UHTC, Department of Community Medicine, The Program was conducted under the guidance of Dr. Hetal Rathod, Dr. Swati Ghonge, & Dr. Kanchan Ingle. An introductory talk was given by Dr. Shivanjali Rathore which contained details regarding the history and importance of World No Tobacco Day, explanation regarding the WHO motto for year 2023 and the tobacco production statistics on a global level. Dr. Abhishek Agarwal followed that segment by speaking on the ill effects of tobacco usage. Following which a note on various sources of tobacco was presented by Dr. Pranjal Agarwal. Dr. Gayathri Kalcheti spoke on the preventive measures to be taken against tobacco usage. Dr. Sai Mahesh Vajjala addressed the gathering and spoke regarding how tobacco affects not only the consumers but also the people around them. Lastly, Dr Tanu Baxi addressed the enthusiastic crowd, solved their queries. The event was successful due to the constant support from MSW and had a very positive response and 25-30 people graced the event. The students posted in UHTC enthusiastically took part in the entire activity by making attractive and informative charts to spread awareness and promote health.





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Ref. No. (DYPMC/PSM/UHTC/23/2023)

Date: 14/06/2023

Activity: Educating people on the importance of blood donation on the occasion of "World Blood Donation Day"

Venue: UHTC, Ajmera.

Description: On the occasion of "World Blood Donation Day" (14th June) an awareness program was organized on 14/06/2023 by UHTC, Community Medicine. The Program was conducted at UHTC, Ajmera under the guidance of Dr. Hetal Rathod, Dr.Kanchan Ingle, Dr. Swati Ghonge. An introductory speech was given by Health Educator Mrs.Anuradha to welcome the guests for the Health Education program of „World Blood Donation Day“ followed by Intern Doctors, Dr Kushalini which contained all the basic information regarding Blood Donation. The process and importance of blood donation was explained to the guests by DrVedashree, which included the great benefits of blood donation to self and to those in need. Information regarding inclusion criteria was explained by Dr. Mukta. Precautions, Age limit, contraindications were well explained to the guests, following which a conclusive and more interactive session was undertaken by Dr.Tanu Baxi. For all of the 14-17 people present for the program, everyone was satisfied and asked their doubts to which Dr. Tanu Baxi provided satisfactory responses. The students posted in UHTC & PG students Dr. Suman, Dr. Akhil, Dr. Gayatri enthusiastically took part in the entire activity by making charts highlighting the importance of blood donation, motivating the community to take more initiative towards it.





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Ref. No. (DYPMC/PSM/UHTC/24/2023)

Date: 03/07/2023

Activity: A public education campaign about common monsoon illnesses and how to avoid them.
Venue: UHTC, Ajmera.

Description: To mark the start of monsoon an awareness program addressing the diseases prevalent during this time was organized on 03/07/2023 by UHTC, Community Medicine. The Program was conducted at UHTC, Ajmera under the guidance of Dr. Hetal Rathod, Dr. Kanchan, Dr. Swati Ghonge. An introductory speech was given by Intern, Dr. Muskan Verma. She elaborated the various symptoms experienced by patients when they have monsoon prevalent diseases. Following which, Dr. Jemi Patel explained the diseases, namely, dengue, malaria, chikungunya, influenza, typhoid, leptospirosis, and cholera. She briefly conveyed the etiology and seriousness of these diseases. Subsequently, Intern Dr. Niharika Agarwal, enumerated and stressed the importance of various common preventive measures and the role of those present in spreading the word. The program was wrapped up by LMO, Dr. Tanu Baxi, who talked about the benefits of rain and the various emotions linked to it. With the help of more local examples, she summarized the symptoms, etiology, and prevention. Following which in an interactive session Dr. Tanu Baxi addressed the doubts of all 22 people present. Everyone was satisfied and Dr. Tanu Baxi provided satisfactory responses. The interns (10) posted in UHTC & P.G. Residents Dr. Divya, Dr. Sai Mahesh, Dr. Priyanka enthusiastically took part in the entire activity by making charts highlighting the key points of monsoon related diseases, motivating the community to take a more proactive approach towards it.





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Ref. No. (DYPMC/PSM/UHTC/ 25 /2023)

Date: 11/07/2023

Activity: Health awareness program at UHTC Ajmera on the occasion of “World Population Day”, 11th July 2023.

Theme: Unleashing the power of gender equality: Uplifting the voices of women and girls to unlock our world’s infinite possibilities

Venue: UHTC, Ajmera.

Description: On the occasion of World Population Day an awareness program was organized on 11/07/2023 by UHTC, Community Medicine. The Program was conducted at UHTC, Ajmera under the guidance of Dr. Hetal Rathod, Dr. Kanchan Ingle, Dr. Swati Ghonge.

An introductory speech was given by Intern, Dr. Chelsy Dayma. She elaborated on the various effects of pollution, diseases, deforestation, and population overgrowth. Following which, intern, Dr Prashant explained the history, awareness of contraception, gender equality and manmade disasters. He briefly conveyed the etiology and seriousness of these effects of overpopulation. The program was wrapped up by LMO, Dr. Tanu Baxi, who talked about the benefits of contraception, gender equality and population control. Following which in an interactive session Dr. Tanu Baxi addressed the doubts of the audience to their satisfaction. A total of 22 people were in the audience. The students posted in UHTC & P.G. Residents Dr. Divya Madamanchi, Dr. Sai Mahesh Vajjala, enthusiastically took part in the entire activity by making charts highlighting the key points of overpopulation related problems, motivating the community to take a more proactive approach towards it.





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Ref. No:DYPMC/ PSM/RHTC/ 2022

Date: 01/12/2022

Activity: Enlightening the community on World AIDS Day

Theme: "Equalize"

Venue: RHTC Alandi

Description: World AIDS Day program was held on December 1, 2022 with the theme "Equalize". People were to made aware about the symptoms, signs, transmission, prevention, and treatment of AIDS. The audience were informed about the significance of early AIDS identification, prevention, and treatment by Dr. Kulkarni (MO) and interns. In order to educate the public about early intervention and prevention, the interns created a series of posters. The community was also informed about the systemic impacts of AIDS by Dr. Dhiraj Lahudkar and Dr. Rishika Deswal, who also assisted the public in dispelling numerous falsehoods. A vote of thanks brought the program to a close. The initiative met its objectives, was expertly run by RHTC staff, and accepted favorably by the general public.

Beneficiaries: 30 (Males-16, females-14)



Dr. Shital Patil
Coordinator

Dr. Amitav Banerjee
Prof and Head
Dept. of Community Medicine

Dr J.S. Bhawalkar
Dean
Dr. D.Y. Patil Medical College



DR. D. Y. PATIL MEDICAL COLLEGE, HOSPITAL & RESEARCH CENTRE, PIMPRI, PUNE 411018

NABH/NABL ACCREDITED HOSPITAL AND LABORATORY

DR. D. Y. PATIL VIDYAPEETH, PUNE

(Deemed To Be University)

**Accredited (3rd Cycle) by NAAC with a CGPA of 3.64 on four point scale at 'A++' Grade
ISO 9001 : 2015 AND 14001 : 2015 CERTIFIED UNIVERSITY**

Ref. No:DYPMC/ PSM/RHTC/ 2022

Date: 01/12/2022

Ref. No:DYPMC/ PSM/RHTC/ 2022

Date: 05/12/2022

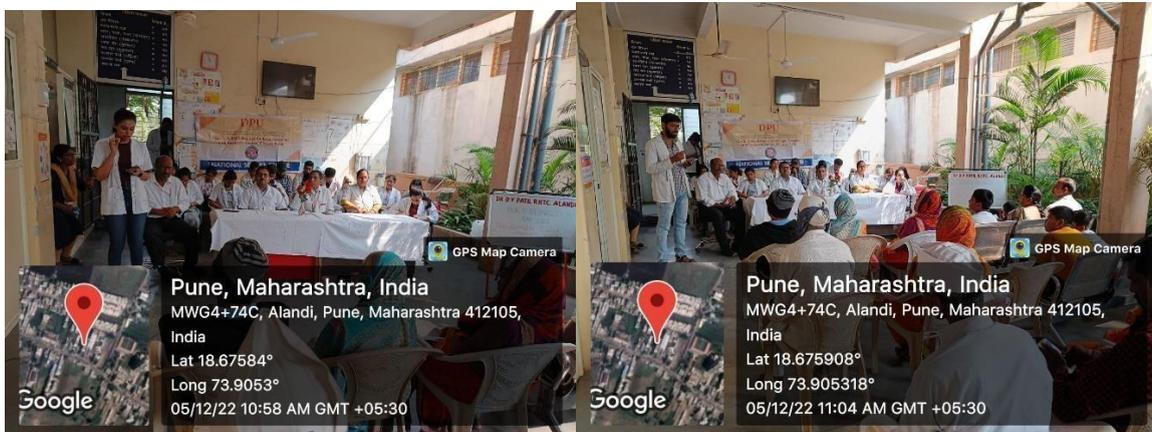
Activity: Joining hands on World Disability Day

Theme:” Transformative solutions for inclusive development: role of innovation in fueling an accessible and equitable world”

Venue: RHTC, Alandi

Description: The Department of Community Medicine held an awareness event for World Disability Day on December 5, 2022, at RHTC Alandi. The year's focus was on "Transformative solutions for inclusive development: the role of innovation in fostering an accessible and equitable world." The rights and well-being of people with disabilities were promoted, and interns informed people about the various disabilities. They were cited as in need of early occupational training, physiotherapy, and emotional assistance. In order to educate the public about early intervention and prevention, the interns created a variety of posters. A vote of thanks marked the program's conclusion.

Beneficiaries: 28(Males-15, Females-13)



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Ref. No: DYPMC/ PSM/RHTC/ 2022

Date: 23/12/2022

Activity: School Health Check up

Venue: Shree Sant Muktabai School –Solu Village

Description: The RHTC Center and the Department of Community Medicine held a school health checkup for all school children at Shree Sant Muktabai School on December 22nd and 23rd, 2022, from 10 a.m. to 1 p.m. The medical team performed a general examination, height and weight monitoring, blood grouping, and health education. Basic care was provided, and those requiring further management were referred. Teachers were notified of those who were malnourished. The camp was attended by school teachers as well. This team included ten interns, two sisters, two social workers, one ambulance driver, and the health superintendent.

Beneficiaries=159 (Males-75, Females-84)



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Ref. No: DYPMC/ PSM/RHTC/ 2022

Date: 27/12/2022

Activity: Comprehensive health assessment camp for school children.

Venue: Alandi

Description: In a successful joint effort, the RHTC center and Department of Community Medicine organized a Comprehensive Health Evaluation Camp at Alandi No.1 school on 27th and 28th December 2022, from 10 am to 1 pm, catering to all school children. The medical team consisted of 10 Interns, 2 nursing staff, 2 MSW, one ambulance driver, and Health Superintendent. General examinations, height and weight monitoring, and blood grouping were conducted, while basic treatments were provided, and necessary cases referred. The camp also included essential health education and nutrition awareness. The enthusiasm of the RHTC staff was evident, and around 150 students and 11 teachers benefited from the camp's services.

Beneficiaries= 161 (Males-95, females-66)



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Ref. No: DYPMC/PSM/RHTC/ /2023

Date: 5/01/2023

Activity: Health checkup camp conducted at Government School

Venue: Government School no 2, Alandi

Description: A Health check camp was organized at Government School no 2, Alandi on 5.1.23 for students of all age groups from 10am to 1pm. Awareness session was started by Dr Nirankush in Hindi emphasizing the need for hosting a camp. Dr. Sandeep, Dr Gracia (PSM residents), Dr Sakshi, Dr Aditi, Dr Atharva and Dr Shambhavi were actively involved in conducting routine general health checkup which included height, weight and blood grouping. Most of the students presented with fever, cold, cough, weakness. The medical team provided the necessary treatment and advice to them. 54 students and 7 teachers attended this health checkup camp. The camp was successful and the work was appreciated by the school faculties.

Total Beneficiaries: 61

Males: 29

Females: 32



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Ref. No:DYPMC/ PSM/RHTC/ /2023

Date: 11/1/2023 and 12/1/2023

Activity: Health checkup camp conducted at No.1 Government School

Venue: Government school number 1, Alandi

Description: A health check up camp was organised at Government School, Alandi on 11.1.23 and 12.1.23 for students of all age groups from 10am to 1pm. Awareness session was started by Dr Gracia in Hindi focusing on the need for hosting a camp for the health and welfare. Dr. Nirankush and Dr Sandeep (PSM residents), Dr Jatin, Dr Rutuja, Dr Siddhi and Dr Bhavya were actively involved in conducting routine general health checkup which included weight, height and blood grouping. The medical team provided the necessary treatment and advice to them. Interns and staff distributed medication to the patients under guidance of faculty. The camp was successful and the work was appreciated by the school faculties which were conducted with full support and coordination from them. 162 (149 students and 13 teachers) beneficiaries were included.

Total Beneficiaries: 162

Males: 87

Females: 75



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Ref. No: DYPMC/ PSM/RHTC/ /2023

Date: 30/1/2023

Activity: Insight on World Leprosy Day

Theme: Act Now, End Leprosy

Venue: PSM/RHTC, Alandi

Description: Awareness session was started by Dr. Kulkarni (MO) in Marathi on the theme of World Leprosy Day 2023 which is “Act Now, End Leprosy”, as understanding Leprosy disease and the treatment and stigma behind it is the first step towards managing and preventing it. Dr. Yogesh gave an insight on treatment Leprosy. Dr. Rajani and Dr. Pragati spoke in detail about National Leprosy Eradication Programme. The whole session was anchored by Mr. Joseph (health supervisor). At the end of program Mr. Pravin (MSW) gave the vote of thanks. The Program was successfully supported by RHTC Staff.

Total Beneficiaries: 46(Males-21, Females-25)



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Ref. No:DYPMC/ PSM/RHTC/ /2023

Date: 04/02/2023

Activity: Awareness programme on World Cancer Day 2023 on the theme “Close the care gap”

Venue:RHTC, Alandi

Description: On February 4, 2023, from 11:00 a.m. to 12:00 p.m., a rally was held under the guidance of Dr. Amitav Banerjee (HOD) Community Medicine from Wadgaon Chowk to RHTC Center to raise awareness about the causes of cancer, its early symptoms, and the value of early identification and treatment. Highlights of the event included warnings against smoking and drinking, self-breast exams for lump detection, and early identification of those exhibiting indications of benign prostatic hypertrophy. The awareness-raising tools used were posters, slogans, and a skit. Participants in this event included medical personnel, interns, and Nursing College of Brijlal Jindal students.

Total Beneficiaries:82

Females: 50

Males: 32



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Ref. No: DYPMC/ PSM/RHTC/ /2023

Date: 10/02/2023

Activity: National Deworming Day Education session 2023

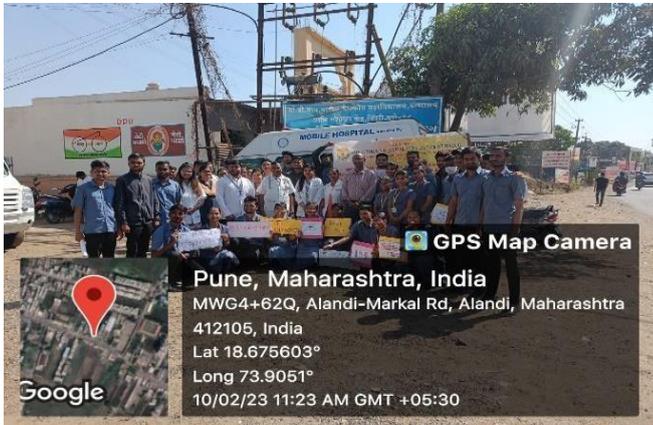
Venue: RHTC, Alandi

Description: Dr. D. Y. Patil RHTC center, Alandi conducted National Deworming Day on 10/02/2023. Warm Welcome was given by Health Superintendent Mr. Joseph Cherian. Health education programmes on deworming and its significance, particularly for schoolchildren under the age of ten, were carried out. Participants in this event were medical personnel, interns, and nursing students from Brijlal Jindal Nursing College and DPU Nursing College. Participants placed a strong emphasis on cleanliness and sanitation as well as anemia in children and pregnant women, as well as its prevention. Every member of the staff, including the Health Superintendent and MSW, attended this programme. 79 beneficiaries are included.

Total Beneficiaries: 79

Females: 62

Males: 17



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Ref. No: DYPMC/ PSM/RHTC/ /2023

Date: 14/02/2023

Activity: Awareness raising activities on International Epilepsy Day 2023 on the theme "Stigma"

Venue: RHTC, Alandi

Description: International Epilepsy Day Programme was conducted on 14 February 2023 at RHTC Alandi. This year the theme was – stigma, that calls to be perceptive of the prejudice and discrimination facing by epilepsy patients. The health education programme on epilepsy was organized, with the primary goal of reducing stigma among people. Healthcare workers worked to inform the public that epilepsy was not a natural or divine punishment but rather a condition that can be treated with modern medication. Detailed pictorial lecture on epileptic first aid was given by Interns. Participants in this event were medical personnel, interns, and nursing students from Brijlal Jindal Nursing College and DPU Nursing College. Every member of the staff, including the Health Superintendent and MSW, attended this training.

Total Beneficiaries: 98

Females: 61 Males: 38



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Ref. No:DYPMC/ PSM/RHTC/ /2023

Date: 17/02/2023

Activity: Conducting a Health checkup camp in honor of Honorable Chancellor Dr P.D. Patil

Venue: RHTC, Alandi

Description: A health check-up camp was held on February 17, 2023, from 10 a.m. to 13 p.m. at RHTC Alandi in honor of Honorable Chancellor Dr. P. D. Patil, with the intention of reaching as many people as possible. Specialists from Obstetrics and Gynecology, Orthopedics, Ophthalmology, ENT, and General Medicine were present. The health check-up camp included patients of all ages. Almost 275-300 individuals arrived with their illnesses, and primary treatment was provided. The programme received support from all the doctors, interns, and staff, and the event was a success.

Total Beneficiaries: 302

Females: 172

Males: 130



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Ref. No: DYPMC/ PSM/RHTC/ /2023

Date: 24/02/2023

Activity: Organizing health checkup camp for Screening of Diabetes Mellitus

Venue: RHTC, Alandi

Description: Adiabetes screening camp was held at RHTC Alandi on February 24, 2023, from 10:00 am to 1:00 p.m. It was the third scrutiny session for diabetic patients. In this session, blood was collected, and patients were encouraged to submit blood samples for tests such as fasting blood sugar, PP, HbA1c, cholesterol, VitB-12, and Vit D3. To demonstrate the benefits of yoga for managing blood sugar levels within a normal limit, a yoga demonstration was conducted. Faculty from the department of community medicine, PG students, and interns attended this event. At the end of the session, refreshments were given to the patients.

Total Beneficiaries: 21

Females: 11

Males: 10



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Ref. No: DYPMC/ PSM/RHTC/ /2023

Date: : 03/03/2023

Activity: Celebration of World Hearing Day

Venue: PSM/RHTC, Alandi

Description: World Hearing Day celebrated on 3 Mar 2023 at 11.00am at RHTC Alandi , focused on “ To hear for life, listen with care - Let’s make it a reality”. Medical officer, Interns, Pg students and Joseph sir delivered a good speech to educate the people the importance of early diagnosis and its treatment. Also emphasized and explained on control of noise pollution at various levels. The program was attended by 86 people. The crowd was presented with information talks given by the Interns. Vote of thanks was given by Mrs. LataKhandare (MSW). The program was successfully conducted by RHTC staff and well received by the public.

Total no. of beneficiaries- 86

Females- 45

Males- 41



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Activity: Hearing screening Programme

Venue: RHTC, Alandi

Description: Hearing Screening Programme for age group of 0-5 years was conducted on 6th March 2023 between 10.00am to 13.00pm at RHTC, Alandi. Senior faculties participated in this screening programme. The event had three phase registration, physical checking and Audiometry evaluation. The programme was successful with the help of all staff and the Anganwadi teachers of Alandi. Mr. Joseph (HS), Dr. Yogesh (MO) and Interns briefed the session. This program was successfully supported by PG students, UG students and interns. The programme concluded with a vote of thanks.

The total No of beneficiaries was 197.

Females- 103

Males- 94



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Ref. No:DYPMC/ PSM/RHTC/ /2023

Date:09/03/2023

Activity: Awareness session on World Kidney Day

Venue: RHTC, Alandi

Description: World Kidney Day was celebrated on 9th Mar 2023 at 11.00 am at RHTC Alandi. The Day is dedicated to raise the awareness among the common people about importance of kidney and it's function as well as education of kidney donation to save others life. The programme was conducted under the supervision of Mr. Joseph Cherian (HS) along with Dr. Yogesh, MBBS Interns, PG students and UG students. The families were also taught about basic symptoms of Kidney disease and early diagnosis, treatment& prevention of its disease. Emphasis was focused on prevention strategies.

No of
Beneficiaries – 106
Females-63
Males- 43



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Date: : 23/03/2023

Place : RHTC, Alandi

Activity: Women's empowerment on International Women's Day

Description : International women's Day celebrated on 23 Mar 2023 between 10 am to 11:30 am at RHTC, Dr.Urmilla Shinde, Gynaecologist and incharge of rural hospital Alandi was the chief guest of this programme , she has focused on women's empowerment at various field and also emphasized on female social and domestic issues. Dr.Aishwarya (LMO), H/S and MSW also explained various health issues like malnutrition , anemia. Special gift provided to all participants and there was a tea & snacks party to all at the end of the programme. The programme was highly informative to all women and also successful with the coordination of Interns, staff and other people.

No of Beneficiaries – 96

Females- 45

Males- 51



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Date: : 24/03/2023

Date:24/03/2023

Place: RHTC, Alandi

Description:

TB awareness program was conducted on 24/03/2023 at Alandi Rural health training center. The main aim was to educate the community to eliminate TB as a public health issue by coordinating and focusing disease control activities and rendering all TB patients as non – infectious. Creative posters depicting the stigma of the disease were displayed and a skit was performed by the interns to create a general public awareness. The crowd was explained about the prevalence & availability of the treatment to cure the disease. The program was held under the guidance of Mr. Joseph (H.S.), Mrs. Martha Raut, Mrs. Jasminshijo, Vaishnavi, & Pooja. The program ended with a vote of thanks. It was successfully conducted & well received by public. The motive of the programme was achieved i.e., the ways to diagnose the disease followed by its aftercare and management were explained in this programme.

No of Beneficiaries – 104.

Females- 56

Males- 48



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Date: 03/04/2023

Place: Nagar Parishad Anganwadi No.1

Activity: Health checkup program for screening children for malnutrition

Description: General physical health checkup was conducted on 03/04/2023 at an Anganwadi in Alandi. Children under 5 years of age was considered for the screening program. Children were screened for underweight and protein energy malnutrition. Informative talk was given to the parents and students by Interns and staff on identification of malnutrition and its management. Healthy child competition was conducted following the talk after which a child matching the criteria of 'Healthy' as per the age, weight and height was chosen and was presented with a gift of appreciation.

The program came to an end with a vote of thanks. It was successfully conducted and well received by the public.

No of Beneficiaries - 65



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Ref. No:DYPMC/PSM/RHTC/ 2023

Date: 18/04/2023

Place: Nagar Parishad Alandi

Activity: Carrying out a Health checkup camp in benefit of the population

Description: Medical camp was conducted on 18 Apr 2023 from 10 am to 2 pm at Alandi nagar parishad premises. More than 150 people attended and took benefits of this medical camp. The Medical team included Pulmonologist, Obstetrician, Pediatrician, General physician, Intern doctors, two nursing staff, Medico social worker, Lab technician and one ambulance. The medical team provided basic investigations like blood sugar testing, hemoglobin testing and ECG. The program was made successful by the combined effort of all the team members.

No of Beneficiaries - 153



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Ref. No: DYPHC/PSM/RHTC/ 2023

Date: 02/05/2023

Activity: Sensitizing public on World Asthma Day

Theme: Asthma care for all

Venue: RHTC Alandi

Description: The Global Initiative for Asthma (GINA) has designated “Asthma Care for All” as the theme for the 2023 World Asthma Day. Health education programme was conducted on 2nd May 2023 from 10:30 am. Interns gave an insight on asthma and its causes. Medical officers at RHTC explained about the treatment, use of inhaler and its proper usage and explained about the preventive measures to be taken. Interns with help of posters made the session more interactive. With the cooperation of RHTC staff and patients programme was able to achieve its objective.

Beneficiaries: 96 people



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Ref. No: DYPMC/DSM/RHTC/2023-2023
Ref. No: DYPMC/PSM/RHTC/2023-2023

Date: 06/05/2023

Activity: Spreading awareness on World Hand Hygiene Day

Theme: "Save Lives- Clean your hands".

Venue: Vadagaon Gram panchayat

Description: Vadagaon Gram panchayat and RHTC together conducted health awareness programme on World Hand Hygiene day "Save Lives- Clean your hands" on 6/5/2023 at Vadagaon from 10.30 am. Hand hygiene saves millions of lives every year. The medical team demonstrated proper hand washing technique to the people as well as explained the importance of hand hygiene in day to day life. They also addressed the audience how we can galvanize action on preventing infections. RHTC Medical officer, one health officer from sub center, 7 Interns, Post graduate student and 2 MSW participated in the session.

Beneficiaries: 30 people



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Date: 16/05/2023

Activity: Giving an insight to public on National Dengue Day

Theme: "Fight Dengue, Save Lives"

Venue: RHTC Alandi

Description: Health education session on National Dengue Day was conducted on 16 May 2023 at RHTC from 10:30 am. It aimed to raise awareness, educate communities, and bring up collective action. Medical officers gave introduction on various mosquito borne diseases like malaria, filariasis, Japanese Encephalitis and with special focus on dengue fever. Interns explained about signs & symptoms, various investigations, treatment and preventive strategies, different methods of mosquito control, Integrated vector control etc. During the same time dengue survey was conducted by Interns and RHTC staff.

Beneficiaries: 97 people



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Ref. No:DYPMC/PSM/RHTC/ 2023

Date: 17/05/2023

Activity: Health education session on World Hypertension Day

Theme: "Measure Your Blood Pressure Accurately, Control It, Live Longer"

Venue: RHTC Alandi

Description: Health education session on World Hypertension Day – "Measure Your Blood Pressure Accurately, Control It, Live Longer" was conducted on 17 May 2023 at RHTC from 10:30 am. Interns explained various causes of hypertension. Medical officers gave education on the need of early diagnosis, treatment, need of drug adherence, preventive strategies, lifestyle and diet modification. They also explained regarding the complications. Various posters were displayed by the interns. Blood pressure monitoring was done for the participants.

Beneficiaries :97 people



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Ref. No: DYPMC/PSM/RHTC/ 2023

Date: 27/05/2023

Activity: Dr. D. Y. Patil, RHTC Alandi organizing awareness session menstrual Hygiene

Theme: Making menstruation a normal fact of life by 2030

Venue: Tuljabhawan Mandir Alandi

Description: Dr. Akhil highlighted the importance of good menstrual hygiene, need of breaking stigma around menstruation. Dr Gayatri mentioned about challenges regarding access to menstrual products. Dr Aishwarya explained about the female reproductive system, physiology of menstruation and various menstrual products available. Dr Suman discussed about the myths related to menstruation and care required during menses. The team explained about the importance of menstrual hygiene in various age groups especially young girls and the need to use good quality materials to be used during the period like sanitary pads, cups etc.

Importance of Good diet and adequate physical activities were also mentioned.

Joseph Cherian sir addressed the gathering that required health care will be provided from RHTC.

Beneficiaries :32 women



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Ref. No: DYPMC/PSM/RHTC/ 2023

Date: 31/05/2023

Activity: Health Education Campaign in Observance of World No Tobacco Day

Theme: "Grow Food, Not Tobacco"

Venue: RHTC Alandi

Description: Health education session on World No Tobacco Day – "Grow Food, Not Tobacco" was conducted at RHTC on 31/05/2023 from 10.00 am. Medical officers explained the theme of this year which aims to raise awareness about alternative crop production and marketing opportunities for tobacco farmers. Also farmers should be encouraged to grow sustainable, nutritious crops. Interns informed the public on the dangers of using tobacco, the diseases caused by it and the complications if untreated. Interns showed a small experiment to show how lungs will be affected due to cigarette smoke. PGs also explained the need of prevention of tobacco usage and the need of early diagnosis and treatment of tobacco addiction and its complications.

Beneficiaries: 60 people



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Ref. No: DYPMC/ PSM/RHTC/ /2023

Date: 05/06/2023

Place:RHTC, Alandi

Activity: Public awareness in limiting usage of plastic on “World Environment Day” on 5th June 2023

Theme: Ban Plastic Pollution

Description: A programme on “World Environmental Day” was conducted by doctors, interns and staff at RHTC Alandi on 5th of June 2023. The theme for this year was “To Ban Plastic Pollution” The awareness programme was started with several speeches by interns followed by doctors.

General awareness about the harmful effects of plastics on our health and ways to minimize the use of plastic and go towards the environment sustainability was explained. Later, benefits of planting more trees and protecting them was highlighted. The programme was received enthusiastically and ended with interns and doctors planting more saplings in the RHTC, Alandi surroundings for the future generations.

No of Beneficiaries – 60

Adults: 50

Children: 10



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Ref. No: DYPMC/ PSM/RHTC/ /2023

Date: 14/06/2023

Place: RHTC, Alandi

Activity: Awareness program, emphasizing on saving lives by donating blood on 'World Blood Donation Day'

Theme: Give blood, give plasma, Share life, Share often

Description: A health event held on June 14, 2023, at 10:30 a.m. to celebrate World Blood Donation Day. Interns in the medical offices focused on the significance of blood donation during the awareness program, explaining who could donate blood and the requirements for doing so as well as who could not donate blood in an emergency and discussing the advantages of blood donation. The interns utilized posters to spread awareness among the general population.

The programme was a huge success with help of all staff and patient. No of

Beneficiaries: 58

Females-38 Males-

20



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Ref. No: DYPMC/ PSM/RHTC/ /2023

Date: 09/06/2023

Venue: RHTC

Activity: 24 hrs duty for the AshadhiWari devotees

Description: From June 9 to June 11, 2023, the Rural Health Training Centre in Alandi, which is part of the Dr. D. Y. Patil Medical College and Hospital, provided Ashadhi Wari devotees with a 24-hour service. Two medical officers, seven intern doctors, three nurses, one lab technician, two clerks, two medico-social workers, one ambulance with a driver, one attender, and two maushi also took part. more than 1500 OPD visits, 22 IPD visits, and 1 emergency case were handled during this time. The patients were eager to provide comments about their experience receiving medical treatment at our facility. This special duty was humanitarian service to devotees and was great success with help of all staff RHTC and department of community Medicine.

Beneficiaries: 56

Females- 32

Males- 24



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Ref. No: DYPMC/PSM/RHTC/ 2023

Date: 12/05/2023

Activity: Observing International Nurses Day

Theme: "Our Nurses. Our Future"

Venue: RHTC Alandi

Description: International Nurses day 2023 with the theme "Our Nurses Our future" was conducted on 12 May 2023 from 10:30 am. Medical officer emphasized the importance of showing equal respect and gratitude to nurses. Nurses were shown gratitude for their tireless efforts in providing quality healthcare and improving patient outcomes. Officers mentioned how nursing in the future should address global health challenges and improve global health. Nursing staff discussed on the challenges they face. All nursing staff were felicitated.

Beneficiaries: 70 people



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Ref. No: DYPMC/ PSM/RHTC/ /2023

Date: 15/06/2023

Place: RHTC, Alandi

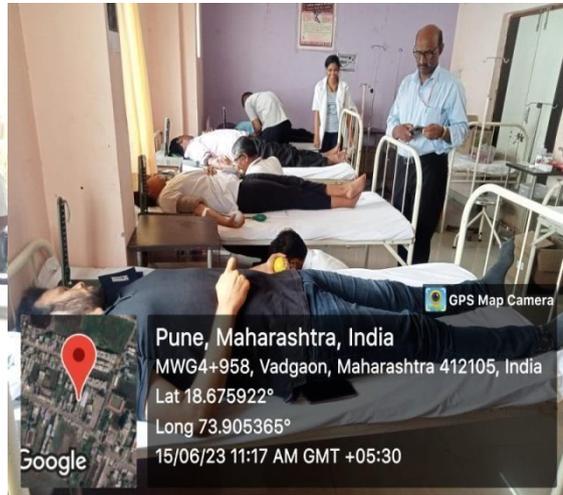
Activity: Awareness program, emphasizing on saving lives by donating blood on 'World Blood Donation Day'

Description: On June 15, 2023, from 10:30 am to 13:00 am, camp was hosted on blood donation event where eleven interns, physicians and seven civilians donated their blood. Before drawing blood, all donors gave their agreement after having their hemoglobin levels examined and making sure they had enough blood. A hematologist also performed a basic physical examination and checked their blood pressure. Five women volunteered while two males were turned down for medical reasons. A certificate was given to contributors following the gift. Refreshments were provided for all donors. The programme was successful with help of all staff and medical officers.

No of Donors: 18

Females- 7

Males- 11



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Ref. No: DYPMC/ PSM/RHTC/ /2023

Date: 21/06/2023

Place: RHTC, Alandi

Activity: Highlighting importance of Yogasanas for a healthy living in everyday life on "International YogaDay" on 21st June 2023.

Theme: Yoga for Vasudhaiva Kutumbakam

Description: On June 21, 2023, International Yoga Day was celebrated at RHTC Alandi. The program was started at 10:15 am with four medical officers, 42 interns, and 18 staff members taking part in this event. The health superintendent led the yoga asanas, demonstrating and explaining to the participants its physical, mental, and spiritual benefits, including stress management and discipline. He also urged everyone to practice yoga on a daily basis to promote health and prevent diseases.

The programme was very successful with the combined efforts of staff and the participants.

No of Beneficiaries: 70Males-

44

Females-26



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Ref. No: DYPMC/PSM/RHTC/ /2023

Date: 01/07/2023

Activity: Community insight session on the importance of doctors in our society on the occasion of "National Doctors Day"

Theme: "Celebrating Resilience and Healing Hands"

Venue: RHTC Alandi

Description: On July 1, 2023, a community insight session was organized to commemorate "National Doctors Day." The event aimed to highlight and celebrate the pivotal role that doctors play in our society, acknowledging their dedication, hard work, and contribution to public health. The awareness session successfully achieved its objective of highlighting the importance of doctors in our society. Attendees gained insights into the challenges doctors face, the sacrifices they make, and the positive impact they have on individuals and communities. All the doctors were felicitated on the occasion by RHTC staff. The event fostered a greater sense of appreciation and understanding for the medical profession, encouraging the public to support and respect doctors. Around 44 participants, 20 females and 22 males, including medical officers, PG residents, interns and RHTC staff actively participated in the program.

Beneficiaries: 44 (22 males and 20 females)



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Ref. No: DYPMC/PSM/RHTC/ /2023

Date: 11/07/2023

Activity: Health Enlightenment Symposium on World Population Day

Theme: "Unleashing the power of gender equality"

Venue: RHTC, Alandi

Description: On July 11, 2023, a program was conducted at RHTC Alandi to observe World Population Day under the theme "Unleashing the Power of Gender Equality." The event aimed to address the significance of gender equality in the context of global population dynamics. Medical officers and residents elaborated on the theme, discussing how gender equality affects family planning, reproductive health, and overall population dynamics. The program concluded with closing remarks by Mr. Joseph Cherian that highlighted the need for ongoing efforts towards gender equality and its implications for global population dynamics. The program saw the active participation of 96 people comprising 36 females and 60 males including medical officers, residents, interns and various staff members from RHTC Alandi and patients.

Beneficiaries: 96 (60 males and 36 females)



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Ref. No: DYPMC/PSM/RHTC/ /2023

Date: 28/07/2023

Activity: Health awareness session on World hepatitis Day on 28/07/2023.

Theme: "One life, one liver"

Venue: RHTC, Alandi

Description: A comprehensive health awareness session centered around world hepatitis day under the theme "One life, one liver" was successfully conducted on July 28, 2023 at RHTC Alandi. The primary objective of this event was to raise awareness within the community about various aspects of hepatitis, including its modes of transmission, incubation period, preventive measures, treatment options, and vaccination strategies. The health education initiative on hepatitis left a lasting impact on the community. Audience gained a deeper understanding of the disease, its prevention, and the importance of early intervention. There was an active participation from medical officers, resident doctors, interns and staff of RHTC along with patients attended the session. Around 93 participants, comprising 50 males and 43 females benefitted from the session.

Beneficiaries: 93 (50 males and 43 females)



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Ref. No:DYPMC/PSM/RHTC/ /2023

Date: 28/07/2023

Activity: Commemorating World ORS Day on 31/07/2023.

Theme: "O Only R Rational S Solution for Diarrhoea" **Venue:**

RHTC, Alandi

Description: World Oral Rehydration Solution (ORS) Day was commemorated, at RHTC Alandi on July 31, 2023. The theme "Oral Rehydration. No Dehydration" resonated as doctors, staff, and interns gathered to spotlight the crucial role of ORS in treating diarrhea- induced dehydration. Doctors underscored ORS as a fundamental tool in diarrhea management, emphasizing its significance in averting dehydration's adverse effects, especially in vulnerable populations. Interns conducted practical demonstrations, illustrating how to prepare ORS at home, ensuring prompt treatment and recovery. Dr. Aiswarya conducted an engaging session with patients, discussing effective diarrhea management strategies, identifying warning signs, and the importance of timely medical intervention. Around 92 people comprising 60 females and 32 males, including doctors, interns, staff and patients attended the session.

Beneficiaries: 92 (60 males and 32 females)



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