

❖ Extension & Outreach

- **World Diabetes Day Organized By Department Of Medicine.**

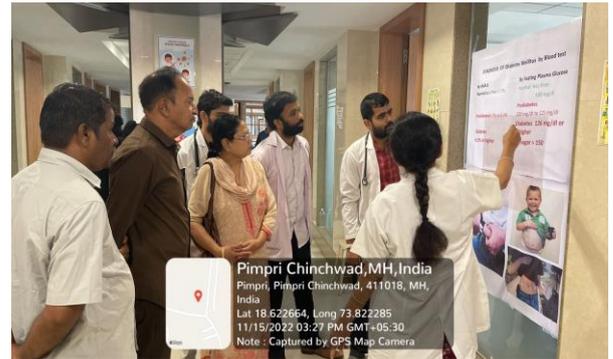
Department of Medicine , Dr. D. Y. Patil Medical College, Hospital and Research Centre, Pimpri, Pune, organised a free health check-up and awareness lecture series on the occasion of World Diabetes Day on 14th November. Health checkup camp included tests such as blood sugar check, haemoglobin, BP, ECG, (diabetic neuropathy) leg vein checkup, and (diabetic retinopathy) eye checkup, along with guidance on physiotherapy, exercise and diet, diabetic foot care (diabetic foot) and donation of the pancreas. More than 400 patients participated in the seminar and health checkup camp.

Under the able guidance of Dr. P. D. Patil (Chancellor, Dr. D. Y. Patil University), and Dr. Yashraj Patil (Trustee and Treasurer) the inauguration of the program took place. Dr. Bhagyashree Patil ma'am (Pro-Chancellor), Dr. N. J. Pawar (Vice-Chancellor), Dr. Vrushali Patil (renowned Transplant Surgeon), Dr. Vatsala Swamy (Director, Education Department), Dr. A. L. Kakarani, Dr. Jitendra Bhavalkar (Dean), Dr. Sunil Rao (CEO, DPU Hospital), Dr. Shubhangi Kanitkar (Head, Medicine Department), and Dr. H. H. Chavan (Medical Superintendent) were present for the event. Moderated by Digambar Dhokle, the keynote speaker for the event was a well-known poet Shri. Anant Raut along with Dr. Vinayak Harale (Diabetes and Endocrinology Specialist) and renowned diabetes experts Dr. Anu Gaikwad and Dr. Vijayashree Gokhale.

“Diabetes Education For Patients ” was conducted in Medicine OPD of Dr .D.Y .Patil Medical College and Hospital on 15 th November 2022

The emphasis was on

- 1) Optimum control of Blood Sugar by Diet, Exercise and Medication
- 2) Regular check ups of Blood Sugar, HbA1c, Lipid Profile ,RFT
- 3) Regular visits to Ophthalmologist , Cardiologist ,Neurologist ,Nephrologist to detect Early Retinopathy ,nephropathy , Neuropathy and other complications
- 4) **A new treatment modality “ Pancreatic Transplant “ was Explained**
- 5) Dr. V.S.Gokhale , and Medicine Residents conducted this programme
- 6) Dr.VijayKumar ,Faculty Physiotherapy and Physiotherapy Students conducted Education programme on Individualised Exercise Training for Diabetic Patients



- **Health Check up camp for elderly was conducted by Department of Medicine**

The department of Medicine organized Health Check up camp for elderly by Dr. Shubhangi Kanitkar Professor and Head of Department and Dr. G. S. Shiddapur Professor and HOU organized the camp along with Dr. Nilesh Jagdale Asst Professor and residents from Department of Medicine. On 17th February 2023 in Medicine OPD.

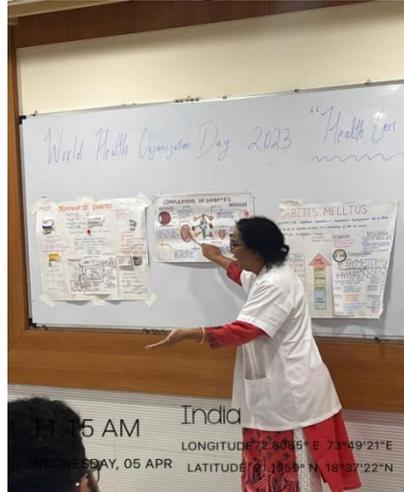
Health Check up camp for elderly was conducted by Department of Medicine at Dr. D. Y. Patil Medical College Hospital and Research Centre Pimpri Pune on the occasion of the birthday of our respected Chancellor, Dr. P. D. Patil Sir and Dr. Yashraj P. Patil and Dr. (Mrs.) Smita Jadhav Madam on Friday 17th February 2023 in Medicine OPD.

Health check up and following investigations were done free of cost Haemoglobin Blood sugar random and ECG 50 elderly citizens participated.



- **World health day observed by Department of Medicine on 05 April 2023.**

Dr. Pradnya Diggikar, Professor gave talk on Diagnosis Treatment and Diabetes Mellitus to patients and relatives of patients. Medicine students UG and PG also participated in diabetes awareness programme. Dr. S. A Kanitkar Professor and HOD was present over the function. Posters made by UG and PG students on diabetes awareness, prevention and treatment was displayed.



- **Talk on Isolated systolic hypertension on Docplexuson 17th May 2023**

Dr Shubhangi Kanitkar Professor and Head Department of Medicine delivered a talk on Docplexus Platform on the occasion of world hypertension day.

Topic was Isolated Systolic Hypertension in the Elderly.

Link for the talk

1. Docplexus link-Accessible to all:" <https://www.docplexus.com/open-webinar/5266c904-b438-47b7-aa0b-017b2b0352de/Isolated-Systolic-Hypertension-in-Elderly>
2. You tube linkYT : <https://www.youtube.com/watch?v=QrsCxDzmuyc>

- **Health Check up camp for Elderly by Department of Medicine and Department of Geriatric Medicine.**

Health Check up camp for senior citizens was conducted by Department of Medicine and Department of Geriatric Medicine on occasion of birthday of Respected Bhagyashreetai Madam.

Dr. Shubhangi Kanitkar Professor and Head Department of Medicine and Dr. Anu Gaikwad Professor and Head Department of Geriatric Medicine, Dr Harish Chaudhary, Asso Prof and Dr Prasad Asst Professor conducted the camp along with residents from Department of Medicine.

Health Check up and following investigations - Hemoglobin, BSL, ECG were done free of cost. 40 senior citizens attended the camp.



- **Dr. Shubhangi Kanitkar, Professor & Head, Faculty at CME organized by GSI Pune at Astha which is a center for assisted living for the elderly.**



- **BMD Camp**

Department of General medicine conducted camp on BMD measurement on 04th December 2023 in General Medicine OPD No. 3 under Dr. Shubhangi Kanitkar, Prof & HOD, Dr. Sachin Shivnitwar, Associate Professor, Unit I.



- **Health Check up camp for senior citizens on 1st August 2023**

Health Check up camp for senior citizens was conducted by Department of Medicine and Department of Geriatric Medicine on occasion of birthday of Respected Bhagyashreetai Madam. Dr. Shubhangi Kanitkar Professor and Head Department of Medicine and Dr. Anu Gaikwad Professor and Head Department of Geriatric Medicine, Dr Harish Chaudhary, Asso Prof and Dr Prasad Asst Professor conducted the camp along with residents from Department of Medicine.

Health Check up and following investigations - Hemoglobin, BSL, ECG were done free of cost. 40 senior citizens attended the camp.



- **World Lupus Day -**

Department of general Medicine conducted world Lupus Day on 14.05.2024 in Medicine OPD No. 3 at 3.00 pm to 5.00 pm.

Systematic Lupus Erythematosus (SLE) patients and there relatives were given guidance about the diasese and its management by Dr.S.A Kanitkar Professor & HOD,General Medicine , Dr.Girish Kakade, MD Medicine, Consultant , Dr. Devyani Pol, Assistant Professor, Dermatology, Dr. Shweta Khopde, Assistant Professor, General Medicine conducted the proceedings.

Third Professional MBBS Part - II students also participated in the event.

They had made flashcards giving information about SLE which they displayed to patients.



● Observance Of World Hypertension Day 2024-

On the occasion of world hypertension day 2024 Department of General Medicine conducted following activities-

1. A health checkup & health awareness camp was conducted for patients with hypertension in Medicine OPD on 17/05/2024 from 10.00am to 2.00pm. Dr. Harshad Patel Assistant professor communicated to the patients regarding importance of regular blood pressure check up. He also spoke about lifestyle modifications & other treatment modalities for hypertension.
2. Faculty and PG Residents attended the National Webinar on 17th May on World Hypertension Day 2024 with an aim to highlight the importance of monitoring blood pressure and bringing awareness among the people with high blood pressure.
3. Dr. Shubhangi Kanitkar Professor & Head, General Medicine & Dr.Madhulika Mahashabde Professor & HOU, General Medicine addressed PG Students about risk factors and complications of hypertension.

