



DPU DIVE

VOL. 01 | JULY 2024



DPU DIVE

Dr. D. Y. Patil Medical College, Hospital and Research Centre, Pimpri, Pune.

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General Information

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General Information

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About DPU Dive Newsletter:

The DPU Dive Newsletter is a monthly publication by Dr. D. Y. Patil Medical College, Hospital and Research Centre, providing updates on the latest medical research, events, and innovations within our institution. Our goal is to keep our community informed and engaged with the advancements and achievements in the field of medicine.

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For more information, visit our website or contact us directly. We appreciate your support and contribution to the DPU Dive Newsletter.

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**BREAKING
NEWS**



Welcome to the First Edition of the DPU Dive!

Greetings From The Students Of Dr. D. Y. Patil Medical College, Hospital And Research Centre, Pimpri, Pune!

Let us plunge ourselves into the wave of knowledge and innovation with our very own newsletter DPU Dive!

A platform for displaying milestones, achievements and innovations, 'Dive' will enrich you with knowledge and purpose. This monthly newsletter will also contain fun trivia and student articles, incentivizing your opinion and giving you a chance to shine.

So put on your gear as we unravel mysteries and cherish memories.

Message from Chancellor

Dear Students,

Walking forward with our academic endeavors, we are committed to fostering an environment that emphasizes the transformative power of interdisciplinary collaboration. At Dr. D. Y. Patil Medical College, Hospital and Research Centre, Pimpri, Pune, we recognize that the most significant advancements in healthcare often arise from the intersection of various disciplines.

Our academic programs are meticulously designed to integrate engineering principles, data science, and medical humanities into our curriculum. This approach enriches our students' learning experiences and equips them with the skills to tackle complex health challenges with innovative solutions.

I encourage our community to stay invested in the pursuit of interdisciplinary learning and collaboration. By doing so, we are not just enhancing our academic environment but also contributing significantly to the advancement of medical science and improving patient care.

Thank you for your unwavering dedication to academic excellence and innovation.

Hon. Dr. P. D. Patil
Chancellor
Dr. D. Y. Patil Vidyapeeth, Pune.
(Deemed to be University)



Message from Pro Chancellor

At Dr. D. Y. Patil Medical College, Hospital and Research Centre, Pimpri, Pune, our commitment to academic excellence is rooted in a holistic approach to education, where learning extends far beyond the classroom. We strive to nurture our students through practical experience, research opportunities and community engagement. This comprehensive educational framework not only equips our students with professional skills but also instills in them the values of compassion and leadership.

"Education is the most powerful weapon which you can use to change the world," said Nelson Mandela. We embrace this belief wholeheartedly, recognizing the transformative power of education in shaping future leaders.



Sustainability is a cornerstone of our academic vision. By embedding sustainable practices in our curriculum and operations, we are preparing our students to be thoughtful, responsible and innovative leaders in the healthcare field.

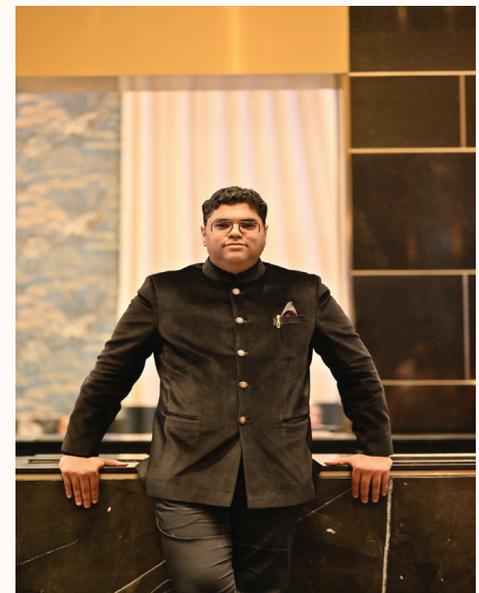
Together, we are fostering a culture of excellence that sets a benchmark for others to follow.

Hon. Dr.(Mrs) Bhagyashree P. Patil
Pro-Chancellor
Dr. D. Y. Patil Vidyapeeth, Pune.
(Deemed to be University)

Message from Trustee and Treasurer

Dear Students,

At Dr. D. Y. Patil Medical College, Hospital and Research Centre, Pimpri, Pune, you stand at the threshold of an extraordinary journey toward becoming leaders in healthcare. Each of you holds the potential to significantly shape the future of medicine through innovation, dedication and compassion.



Leadership transcends the boundaries of mere expertise; it involves inspiring change, fostering innovation and upholding the highest standards of ethics and empathy. I encourage you to embrace these challenges with determination and vision, pushing the limits of what is possible in medicine.

Your journey here is not just about acquiring knowledge but about learning to wield that knowledge with responsibility and foresight. Let each day at our institution be an opportunity to grow not only as healthcare professionals but as visionary leaders who will impact the world positively.

Thank you for committing to a field that demands the utmost integrity and compassion. As you advance in your studies and into your future careers,

remember that leadership is not just about guiding others but about igniting a path that others aspire to follow.

I look forward to witnessing the incredible contributions you will undoubtedly make to our community and beyond.

Hon'ble Dr. Yashraj P. Patil
Trustee and Treasurer
Dr. D. Y. Patil Vidyapeeth, Pune.

College Katta

Bridging the Gap Between Students and Faculty



Pimpri, Pune – July 2024, Our esteemed *Dean, Dr. J. S. Bhawalkar*, has initiated ‘College Katta’ a platform that offers students a unique glimpse into the lives of our faculty members. Through this engaging forum, students can ask questions about career challenges, student life, and cherished memories associated with our institution. ‘College Katta’ releases multiple seasons on a monthly basis, and we’ve already completed two successful seasons. In the pilot season, undergraduate students interviewed our amicable Dean,

who shared his vision for ‘College Katta’ and recounted illuminating moments from his own life. During the second season, students had the privilege of interacting with *Dr. A. L. Kakrani*, Director of Academics Collaborations and Professor of Clinical Eminence. Dr. A. L. Kakrani discussed the challenges faced by clinicians in an evidence-based treatment landscape and expressed his unwavering commitment to our esteemed institute.

[Click here Watch reels !!](#)

Season 1

https://www.instagram.com/reel/C7zewt3qLq5/?utm_

https://www.instagram.com/reel/C74HaK7KHfe/?utm_

https://www.instagram.com/reel/C79vn4mpZMH/?utm_

Season 2

https://www.instagram.com/reel/C9EpGpBKZ5y/?utm_

https://www.instagram.com/reel/C9PU66DqART/?utm_

#Contributors: Mrs. Annie Francis, Krishna Agarwal, Khushi Shah

(For the complete story about Seasons 1 & 2, click on the YouTube logo to watch the complete interviews)

Monthly Highlights

1. Decoding genetic mysteries, one “FISH” at a time

The cytogenetics lab under the Department of Anatomy has recently started the F I S H technique (Fluorescence in situ hybridization) for detecting genetic abnormalities, prenatal testing, cancer diagnosis and so much more!

2. Empowering India’s future

Dr. Amitav Banerjee, Professor in the Department of Community Medicine, was the guest speaker for the “Foundation of Research” event for Ph.D. Scholars organized by Sri. Aurobindo University, Indore on 24th June 2024

3. Knowing more about the tiny warriors that help us heal

Dr. Matthew Robinson, Assistant Professor Division of Infectious Diseases at John Hopkins University, School of Medicine gave a lecture dealing with the emerging challenge of “Antimicrobial resistance” on 26 June 2024. The event was organized by the Department of General Medicine. Other delegates present were Melanie Curless, Sarah Fisseha, Akash Patel and Jennifer Lu.

Research Highlights:

Unveiling the Power of Medical Research

Pimpri, Pune – July 2024, In the ever-evolving landscape of healthcare, research stands as our guiding light. It fuels innovation, transforms treatments, and unravels mysteries that shape patient care. From clinical trials to groundbreaking studies, research bridges theory and practice, propelling us toward a healthier future.

Our college provides many opportunities for students to take up independent research through its receptive faculty and DPU-STS funding. It may seem daunting, but we highly encourage you to rise to the challenge!

Let us innovate and expand the domains of medical research!



Some valuable publications from May and June are:

- 1. Editors, Reviewers, Rag-Pickers, and Garbage-Handlers: Similar Challenges!** (lww.com) by Banerjee, Amitav
 - 2. Effect of Kinesio Taping on Posture, Balance and Gait in Spastic Cerebral Palsy – A Systematic Review** (lww.com) by Banerjee, Srishti B.
 - 3. Prevalence of Noncommunicable Diseases in Urban Slum and Risk Factors Associated with it: A Cross-Sectional Study**(lww.com) by Kajal, Srivastava; Borgaonkar, Chaitali; Ghonge, Swati et al
 - 4. Comparative Case Series on LMA-Assisted Flexible Fiberoptic Bronchoscopy** (lww.com) by Khatavkar, Sonal; Chandra, Ujjwal; Beevi, N Balkees et al
 - 5. Spontaneous Development of Unilateral Orbital Emphysema Following a Bout of Sneezing: Case Report** (lww.com) by Lahel, Ranjit S.; Kumar, Sangeet
- #Contributors: Dr. D. Y. Patil Medical College, Hospital and Research Centre, Pimpri, Pune, Journal , Arvind Kondapalli

Healthcare News:

Revolutionary Cancer Treatment

The Tata Institute in Mumbai has made a significant breakthrough in cancer treatment with the development of a tablet that can prevent cancer recurrence and reduce treatment side effects by 50%. The tablet, named '**R+Cu**', is poised to be a game-changer in oncology due to its affordability and effectiveness. It is currently awaiting approval from The Food Safety and Standards Authority of India (FSSAI) and should be available in the market by July, priced at just Rs.100.

The '**R+Cu**' tablet contains a combination of pro-oxidant tablets with Resveratrol and Copper. These components generate oxygen radicals in the stomach, which then target and destroy chromatin particles released by dying cancer cells. By eliminating these particles, the tablet prevents them from turning healthy cells cancerous and inhibits metastasis. **Keep an eye out for further updates as 'R+Cu' moves closer to becoming a readily available treatment option.**

#Contributors: Dr. Benod kumar K., CONSULTANT Head and Neck Surgical Oncology, Assistant to Dean (Clinical).

www.medical.dpu.edu.in

Link's:

Dr. D. Y. Patil Medical College celebrates its first successful Transcatheter Aortic Valve Implantation (TAVI) procedure led by Dr. Anmol Sonawane.

Watch the reel for patient feedback

https://www.instagram.com/reel/C8bgoA2qPAY/?utm_source=ig_web_copy_link



Dr. D. Y. Patil Medical College Hosts Shree Sureshji Soni and Shree Anilji Kinjawadekar

Pune, July 1, 2024 –

Shree Sureshji Soni and Shree Anilji Kinjawadekar visited Dr. D. Y. Patil Medical College, adding prestige to the institution.

Watch the highlight reel

https://www.instagram.com/reel/C8eV-vtSKoKR/?utm_source=ig_web_copy_link



BREAKING NEWS: Organ Transplant

National Organ Donation Month

Spreading Hope: Celebrating National Organ Donation Month



July: National Organ Donation Month

Pimpri, Pune – July 2024, The National Organ and Tissue Transplant Organization (NOTTO) has designated July as National Organ Donation Month. This observance commemorates the enactment of the Transplantation of Human Organs Act (THOA) on July 8, 1994. This significant legislation regulates the removal, storage, and transplantation of human organs for therapeutic purposes and aims to prevent commercial dealings in human organs and tissues.

In honour of this important month, the Department of Multi-Organ Transplant Surgery at Dr. D. Y. Patil Medical College, Hospital and Research Centre is launching a month-long campaign starting on July 15th. The campaign will focus on raising awareness about organ donation and dispelling common myths surrounding transplant surgeries. Additionally, a Continuing Medical Education (CME) session will be held on August 11th to further educate and engage the Medical community. Join us in spreading the word and supporting organ donation to save lives and improve the quality of life for countless individuals.

PLEDGE TO DONATE MAKE A DIFFERENCE

Website: <https://medical.dpu.edu.in/Organ-Donation-CME-2024/>

Watch the reel: <https://www.instagram.com/reel/C9gxxOANUkh/?ut->

#Contributors: Dr. J. S. Bhawalkar, Dean, Dr. D. Y. Patil Medical College, Hospital and Research Centre, Pimpri, Pune



Scan for Pledge

DID YOU KNOW?

INTERESTING FACT

“Black laparoscopic instruments aren't just stylish—they ensure stealth in surgery! Their dark hue stands out sharply against the bright surgical environment providing an anti-glare effect and insulation, helping surgeons swiftly pinpoint their tools amidst the tissue!”

WELLNESS PROGRAMME

Several multi-diagnostic health camps were organized by the Janseva Sunam Foundation and Dr. D. Y. Patil Medical College, Hospital and Research Centre, Pimpri, Pune, at various locations including the Tribal Health Centre in Gosasi. These camps, held between January and June 2024, provided free consultations, medicine distribution, and physical examinations. Key camps included:

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Date	Location	Beneficiaries	Blood Donations
19/01/2024	Tribal Health Centre, Gosasi	49	-
05/04/2024	Dr. D. Y. Patil Medical College, Hospital and Research Centre, Pimpri, Pune	84	-
23/06/2024	Tribal Health Centre, Gosasi	74	-
24/03/2024	Shiv-Chhatrapati Pratishthan	101	36
01/04/2024	Bhimashankar Janseva Sangh	111	14

These camps successfully provided essential healthcare services to underserved communities with excellent cooperation and organization.



#Contributors: Dept. of Community Medicine, Dept. of Blood Donation, Dr. D. Y. Patil Medical College, Hospital and Research Centre, Pimpri, Pune U. G. Section, Shreeya Singh, Kshitij Chawla

“ DID YOU KNOW? INTERESTING FACT

The first catheter was self-administered in 1929 by a German cardiac surgeon Dr. Werner Forssmann where he inserted the catheter into his own arm and guided it to his heart and hence he was edged in history books by laying the foundation for a critical diagnostic technique!

Magnetic Resonance Imaging (MRI) was discovered accidentally in the 1970s while Dr. Raymond Damadian was researching the use of nuclear magnetic resonance to detect cancer. This subsequently led to the first MRI scan of a human being in 1977!



Obituary:

In Loving Memory of Diptarka Karmakar



With heavy hearts, we share the sorrowful news of Diptarka Karmakar's passing on the 13th of June 2024. He was a bright and talented student who was loved by his teachers and peers, always enthusiastic to learn and willing to help others.

May his soul Rest in Peace.

Upcoming Events

01 AUG  Singing Competition	02 AUG  Skits / Drama Competition	05 AUG  Short Film Competition	11 AUG  Multi Organ Transplant surgery CME
 15 AUGUST INDEPENDENCE DAY	16 AUG  World Bioethics Day	01 AUG to 07 AUG Breastfeeding week 	

#Contributors: Dr. D. Y. Patil Medical College, Hospital and Research Centre, Pimpri, Pune
 U. G. Section , Department of Pediatrics, Khushi Shah, Shatakshi Lahariya

Alumni Spotlight:

Message:

Just a few months after departing Pune, reflecting on my time at college is accompanied with an instant and profound sense of nostalgia, owing to the 6 brilliant years I was privileged to spend there. Right from entering the vast dissection hall in first year, to the late-night coffees at copa after a heavy day of internship, endearing bonds and memories were forged at every step of the way that I fondly carry with me.

You, the reader, are currently in the roller coaster that one calls med school, so enjoy the ups, remain steady after the downs, and make each day count, as one day you'll be looking back at your time from the glasses of a reminiscent graduate yourself.



I congratulate the student editorial board on the inception of the college's very first newsletter, and thank them for inviting me to contribute to the alumni section. I hope that as you dive into Dive, you find fragments of the incredible spirit that surrounds my alma mater. Thank you, and best of luck to everyone!

- Dr. Aryan Dwivedi

Health Tips:

- 1. Protect From Mosquitoes:** Standing water from rain can breed mosquitoes. Use repellents and keep your living areas clean to avoid mosquito bites.
- 2. Prepare for Power Outages:** Heavy rains and storms can cause power outages. Keep flashlights, batteries, and charged power banks ready.

3. **Use Boiled or Purified Water:** Drink only boiled or purified water to avoid waterborne Disease.
4. **Preventive Measures for Specific Diseases:** Be cautious of diseases like cholera, typhoid, and dengue, and take preventive actions accordingly

#Contributors: Shreeya Singh

Student's Opinion Article:

SYNAPSE

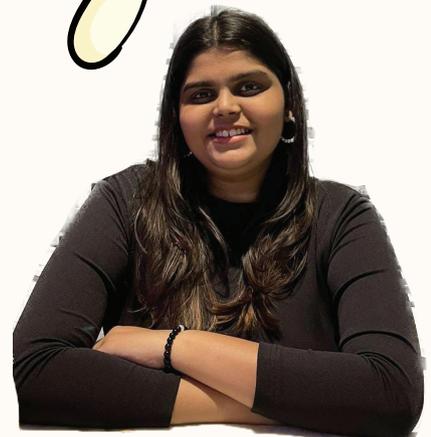
is the annual fest of our Dr. D. Y. Patil Medical College, Hospital and Research Centre, Pimpri, Pune . As general secretary, it's my duty and an opportunity to show the best our council can bring. I was lucky enough to make this synapse memorable for the entire college and this wouldn't have been possible without all my department secretaries and my co-secretaries. These will be the most memorable years of my life.

-Gulshan Sharma



Yes! And AFMC Silhouette 2024 was a journey of artistic and personal development. It helped us to overcome our stage fright, improved our public speaking skills, and boosted our confidence.

-Shatakshi Lahariya



#Contributors: Gulshan Sharma, Shatakshi Lahariya, Khushi Shah

Student Corner Achievement:

Intercollegiate Winners

In the 1st edition let's dive into the achievements of the students who have shown remarkable talent in many intercollegiate competitions and have raised the DPU emblem to huge Heights!



College band “Midnight Alchemy”- 2nd position in “Battle of Bands” at SKNMC, Pune.



Kshitij Chawla (Third Year Part 2 MBBS) and Shaurya Shukla (First Year MBBS)- 1st position in Hindi Debate at Symbiosis Medical College for Women, Pune.



Boys Cricket Team- 1st position at Cricket tournament at Invictus 2024 in KMC, Manipal

- Dr. Perni Tharun (JR II, MD Microbiology)- 1st position in Badminton Boys Doubles at Syncytium 2024 in SKNMC, Pune.
- Vidyanash Kohli (First Year MBBS)- 1st position in English Turncoat Debate at BVDV Pune.
- Boys Football Team- 2nd position in Football tournament at Mirage 2024 in BVDV Pune.
- Nishtha Lakra (Third Year Part 1 MBBS) and Anushka Agarwal (Third Year Part 1 MBBS)- 3rd position in Zonal IPHA Maharashtra Inter College Public Health Quiz Competition 2024 held in Symbiosis Medical College for Women, Pune.
- Vidushee Manchanda & Palak Gupta secured 2nd position, with Vidushee Manchanda as the best speaker at AFMC Illuminati Debate 2024.

#Contributors: Dr. D. Y. Patil Medical College, Hospital and Research Centre, Pimpri, Pune, U. G. Section, Avniya Aldaan, Sandipta Singha



DID YOU KNOW?

INTERESTING FACT

The human body contains about 37.2 trillion cells, and each cell performs specialized functions to keep us alive and healthy. Interestingly, the body constantly produces new cells to replace old or damaged ones. For example, red blood cells, which carry oxygen throughout the body, have a lifespan of about 120 days, so your body creates about 2 million new red blood cells every second!



KYF (Know your Faculty)

Man Proposes, God Disposes

Dr. A. V. Tilak

Golden words for living in the moment.



In our first-ever KYC "Know Your Faculty" segment, we had the honour of speaking to the iconic Dr. A. V. Tilak, head of our prestigious pharmacology department. This interview gave us a behind-the-scenes look at his college days, the spark that ignited his passion for pharmacology, his life outside of academia, and the experiences that shaped him into the medical powerhouse he is today.

Dr. A. V. Tilak sir's journey into the medical field was inspired by his incredible parents, who perfectly balanced their noble profession with a fulfilling family life. Their example made it an easy choice for him to follow in their footsteps. He chose to specialize in pharmacology due to its close ties to medicine and its promising career outlook in the pharmaceutical industry and the influence of a college senior who excelled academically yet opted for this specialty. The lack of interest in surgical fields further cemented this choice. When asked about his college life he said that his college life was vibrant and exciting. He was involved in various sports like table tennis, hockey, football, cricket and even stage arts, but he preferred to stay behind the scenes, which made the experience enriching and fun. According to him, today's MBBS experience seems more spoon-fed and school-like with lots of micromanagement, contrasting the more comprehensive and in-depth lectures they had back then.

"Chicken biryani!" was his answer when asked about his favourite dish, though he's not picky about food. In his free time, he enjoys sports, daily outdoor activities, and travelling. By choosing a non-emergency branch and a teaching career, he ensured that he had fixed working hours, allowing him to spend quality evenings with his family. His advice to students is to find a healthy balance between academics and extracurricular activities. Effective time management and setting priorities are key. When asked about his future plans, Dr. A. V. Tilak sir said that he prefers to live in the present without dwelling on the future, embracing the philosophy that "Man proposes, God disposes," focusing on enjoying life as it unfolds. He hopes to see our college enhance its balance between academics and extracurriculars, fostering well-rounded individuals who excel both as clinicians and as people.

#Contributors: Dr. A. V. Tilak (HOD Pharmacology), Krishna Agarwal, Avnija Aldaan, Shatakshi Lahariya

Quizzzz...

Click on link for Quiz...

PYQs

A

<https://docs.google.com/forms/d/16f->



Unscramble the following tv shows

B

<https://forms.gle/TiDSX8Lp->

#Contributors: Department of Pediatrics, Paridhi Jain, Dhriya shah

Exceptional Achievement

Gold Medal by Hon. President of India

Gold medal awarded by Honourable Droupadi Murmu the President of India to Dr. Apoorva Makan Pradeep. She received the highest marks in pediatric surgery in the Final Examination of The Doctorate National Board, December 2021 Edition.

#Contributors: Dr. D. Y. Patil Medical College, Hospital and Research Centre, Pimpri, Pune UG Section.



Promoting Mentor-Mentee Relationship

Guiding the Future: The Importance of Mentorship at DPU

“Every kid needs a teacher, and every human needs a mentor”
 As a graduate out of high school, getting into a highly competitive field like medicine is very overwhelming.
 Being far from home, and having a mentor means that no one will go unheard, no matter how trivial the issue.
 DPU, a student-centric institution where mental health is given high priority, has introduced a Mentor-Mentee Programme. Each student is assigned a mentor who not only assists with academic, social, and personal issues but also promotes their holistic development.
 Moreover, given the prevalence of ragging in medical colleges, such a program becomes indispensable.
 As two students writing this article, we encourage you all to reach out to your mentors, even if you believe your concern is trivial. Your mentors are here for you and are committed to helping you succeed!

#Contributors: Dr. (Mrs.) P. Vatsalawamy, Dr. J. S Bhawalkar, Dr. Abha Arya, Dhriya Shah, Heer Suhandani

LINKs:

Dr. D. Y. Patil Medical College Hospital and Research Centre, Pimpri, Pune Successful Health Check-Up Camp For Hemophilia Patients!



Watch the reel for patient feedback

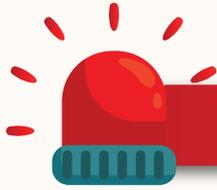
https://www.instagram.com/reel/C9Ou07_KQYf/?utm_source=ig_web_copy_link

DID YOU KNOW?

INTERESTING FACT

In 1500 in Switzerland, a man named Jakob Nufer performed the first ever LSCS on his wife after being unable to deliver after being in labour for several days and having taken help from 13 midwives!





Code Red

- Mentor-Mentee guideline
- As per Post-Graduate Medical Education Regulation, 2023 (F. No. CDN-19012/5/2023-Coord-NMC dated 29/12/2023), the Senior and Junior Residents are required to complete the course on Good Clinical Practice, Basic Course in Biomedical Research, Basic Life Support and Ethics.
- The Pilot Incentive and Fee Waiver Policy for the 2024-25 academic year has been developed and approved by Vidyapeeth to promote a culture of research excellence and support the academic advancement of faculty members and PhD scholars.
- STS Research Proposals: We encourage students to submit ICMR and DPU STS proposals and make use of our digital educational interface.

#Contributors: Dr. D. Y. Patil Medical College, Hospital and Research Centre, Pimpri, Pune, U. G. Section

Message

Dear Readers,

With the 1st edition of the DPU DIVE Newsletter. We celebrate our institution's achievements and share exciting updates from various departments. Stay tuned and show your support for more inspiring stories and valuable health tips.

Best regards,
Dr. J. S. Bhawalkar,
Dean,
Dr. D. Y. Patil Medical College,
Hospital and Research Centre, Pimpri, Pune



Feedback

Click Here To Fill Feedback Form !!

<https://forms.gle/LWukGMelCW6cUt4k7>

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