



# DPU DIVE

**VOL. 02 | AUG 2024**



# DPU DIVE

Dr. D. Y. Patil Medical College, Hospital and Research Centre, Pimpri, Pune.

 <https://www.instagram.com/DPUMedical>

 <https://www.facebook.com/DPUMedical>

 <https://medical.dpu.edu.in>

## Chief Patron



**Hon'ble Dr. P. D. Patil**

Chancellor

Dr. D. Y. Patil Vidyapeeth, Pune

## Patrons



**Hon'ble Dr. (Mrs.) Bhagyashree P. Patil**

Pro Chancellor

Dr. D. Y. Patil Vidyapeeth, Pune



**Hon'ble Dr. Yashraj Patil**

Trustee and Treasurer

Dr. D. Y. Patil Vidyapeeth, Pune



**Hon'ble Prof. N. J. Pawar**

Vice Chancellor

Dr. D. Y. Patil Vidyapeeth, Pune

 <https://medical.dpu.edu.in>



# DPU DIVE

Dr. D. Y. Patil Medical College, Hospital and Research Centre, Pimpri, Pune.

 <https://www.instagram.com/DPUMedical>

 <https://www.facebook.com/DPUMedical>

<https://medical.dpu.edu.in>

## Editorial Board

**Dr. J. S Bhawalkar**  
**Chairperson**  
Dean

**Dr. (Mrs.) P. Vatsalaswamy**  
**Member**  
Director Academics

**Dr. A. L. Kakrani**  
**Member**  
Director Academic Collaborations

**Dr. Abhijit Tilak**  
**Member**  
Prof. & HOD

**Dr. Pramila Menon**  
**Member**  
Prof. & HOD

**Mrs. Annie Francis**  
**Member Secretary**  
Registrar

**Mrs. Devika Shetty**  
**Member**  
Director of International Relations

**Dr. Aayush Gupta**  
**Member**  
Prof. & HOD

**Dr. Benod Kumar K.**  
**Member**  
Consultant Head and Neck Surgical Oncology  
Ass. To Dean (Clinical)

**Dr. Abha Arya**  
**Member**  
Senior Manager Academics & Student Services

## DPU DIVE Members

### Student Wing

**Dr. Raj Suhas Kamble**  
Orthopedic Junior  
Resident II

**Mr. Parth B Gulabani**  
Intern.

**Krishna Agarwal**  
Third Professional MBBS  
(Part- II)

**Arvind Kondapalli**  
Third Professional MBBS  
(Part- II)

**Kshitij Chawla**  
Third Professional MBBS  
(Part- II)

**Krishna Raghuwanshi**  
Third Professional MBBS  
(Part- II)

**Avnija Aldaan**  
Third Professional MBBS  
(Part- II)

**Eshita Durve**  
Third Professional MBBS  
(Part- II)

**Shreeya Singh**  
Third Professional MBBS  
(Part- II)

**Hanisha Relan**  
Third Professional MBBS  
(Part- II)

**Khushi Shah**  
Third Professional MBBS  
(Part- I)

**Shatakshi Lahariya**  
Third Professional MBBS  
(Part- I)

**Sandipta Singha**  
Third Professional MBBS  
(Part- I)

**Vidushee Manchanda**  
Third Professional MBBS  
(Part- I)

**Vedika Singh**  
Third Professional MBBS  
(Part- I)

**Satvika Aggarwal**  
Third Professional MBBS  
(Part- I)

**Ananya Tandon**  
Third Professional MBBS  
(Part- I)

**Dhriya Shah**  
Second Professional MBBS

**Heer Suhandani**  
Second Professional MBBS

**Nidhi Khushalani**  
Second Professional MBBS

**Paridhi Jain**  
Second Professional  
MBBS

**Aditya Bhosale**  
Second Professional MBBS

© 2024 Dr. D. Y. Patil Medical College, Hospital and Research Centre, Pimpri, Pune. All rights reserved.

 <https://medical.dpu.edu.in>



## Breaking News



### **Dr. D. Y. PATIL MEDICAL COLLEGE, HOSPITAL & RESEARCH CENTRE** **Secured 11th Position in NIRF 2024 Rankings**


Dr. D.Y. Patil Medical College, Hospital & Research Centre, Pimpri, Pune is proud to announce its remarkable achievement in the National Institutional Ranking Framework (NIRF) 2024, securing the prestigious 11th position among medical institutions in India. This significant improvement from last year's 15<sup>th</sup> rank reflects the institution's relentless pursuit of excellence in medical education, research, and healthcare services. This milestone highlights the institution's continuous efforts to elevate its academic standards, enhance research capabilities, and provide state-of-the-art healthcare facilities. Dr. D.Y. Patil Medical College, Hospital & Research Centre has consistently aimed to create a dynamic learning environment, fostering innovation and academic rigor.

  
**BREAKING NEWS**

# DPU

Dr. D. Y. PATIL VIDYAPEETH, PIMPRI, PUNE

(Deemed to be University)



## nirf INDIA RANKINGS 2024



DENTAL  
CATEGORY



MEDICAL  
CATEGORY



PHARMACY\*  
CATEGORY



UNIVERSITY  
CATEGORY

## Breaking News

### **Dr. Bhagyashree Prasad Patil, Managing Director of Rise N Shine Biotech, Pune, Awarded the Prestigious "Former Chief Minister Late Vasant Rao Naik Award" by Chief Minister Eknath Shinde**

On the occasion of the 111<sup>th</sup> birth anniversary of Maharashtra's former Chief Minister, Late Vasant Rao Naik and Krishi Din, Dr. Bhagyashree Prasad Patil (Managing Director - Rise N Shine Biotech Pvt. Ltd., Pune) was awarded this year's 'Vasant Rao Naik Award' by Maharashtra's Chief Minister, Mr. Eknath Shinde, on behalf of the Vasant Rao Naik Agricultural Research and Rural Development Foundation. She was specially honored for her significant contributions to modern floriculture.



<https://medical.dpu.edu.in>



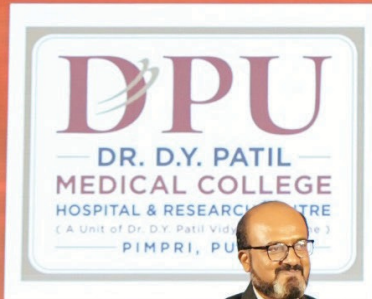
## Breaking News

### **Hon'ble Dr. Yashraj P. Patil, Trustee and Treasurer of Dr. D.Y. Patil Vidyapeeth, Receives "Dual Honors at Zee 24 Taas Shikshan Parishad"**

At the Zee 24 Taas Shikshan<sup>th</sup> Parishad, Hon'ble Dr. Yashraj P. Patil, Trustee and Treasurer of Dr. D.Y. Patil Vidyapeeth, Pimpri, Pune, was awarded two distinguished titles. The institution was celebrated as the Best Institute and Best Higher Education Institution in Maharashtra. The honors were conferred by Shri Deepak Kesarkar, Cabinet Minister for School Education and Marathi Language, recognizing the Vidyapeeth's continued leadership and innovation in the education sector.



#### | ASSOCIATE PARTNERS |



<https://medical.dpu.edu.in>



# DR. YASHRAJ P. PATIL: PIONEERING ADVANCES IN HEALTHCARE AND MEDICAL EDUCATION



Dr. Yashraj P. Patil

Dr. Yashraj P. Patil is currently serving as the Trustee and Treasurer at DPU Super Specialty Hospital in Pimpri, Pune. His passion for healthcare and education stems from a family deeply rooted in these sectors. Growing up around professionals dedicated to medical science and educational empowerment has profoundly shaped his career and aspirations. Dr. Patil strives to uphold and expand the legacy of excellence and service instilled in him from an early age.

His journey has been marked by several significant milestones that reflect his dedication to advancing healthcare. As the leader of DPU Super Specialty Hospital, he has had the privilege of steering one of India's largest super-specialty hospitals to new heights, continuously striving for excellence in every facet of patient care and medical innovation. Dr. Patil has spearheaded the integration of cutting-edge medical technologies, including establishing the Dual Console Robotic Surgery Centre, first-of-its-kind in India, which has significantly enhanced surgical capabilities. His leadership in conducting complex and successful surgical procedures, particularly in heart and lung transplants, pancreas transplants, etc., has set new benchmarks in medical excellence and positioned the hospital as a leader in critical care. Additionally, his efforts and leadership have been recognized on numerous occasions, including receiving the prestigious Young Emerging Leader in Healthcare award from the Times Health Icons Awards, which acknowledges his ongoing contributions to the healthcare industry.

Dr. Patil's foundational principles are empathy, integrity and a relentless pursuit of knowledge. These values were nurtured by his family's dedication to healthcare and education. In his leadership role, he is driven by a commitment to patient-

## Breaking News

first healthcare, ensuring that every decision prioritizes patient welfare and quality of care.

While sharing his experiences about the challenges he has faced during his career, he said, "The COVID-19 pandemic was particularly challenging and tested our capabilities and resilience. It reinforced the importance of flexibility in healthcare management and the need for continuous learning and adaptation. This crisis highlighted the critical need for robust health infrastructure and responsive health policies—lessons that are guiding our future strategies."

While discussing future plans, Dr. Patil emphasized, "Our future endeavors include expanding the research capabilities of DPU Super Specialty Hospital, with a particular focus on addressing chronic diseases and preparing for future health crises. Additionally, we plan to establish a dedicated oncology block – a one-stop-destination for cancer treatment. We also plan to enhance our global outreach by improving services for international patients, further positioning our hospital as a premier global healthcare destination. Additionally, continuing to innovate with technology, especially through the integration of AI and machine learning, will remain a priority to optimize patient care and operational efficiency."

As a leader in the healthcare field, Dr. Yashraj Patil has been a primary custodian of Dr. D.Y. Patil Medical College, Hospital and Research Centre in Pimpri, Pune. Under his leadership, the institution has adopted innovative teaching processes, shaping the future of medical education with cutting-edge techniques and comprehensive learning experiences.

Each year, the institution enrolls 250 students in its MBBS program and 220 students in its postgraduate batches, providing a rigorous and enriching academic environment. The teaching approach combines



theoretical knowledge with practical application through a carefully curated schedule that includes both classroom lectures and clinical practices.

The institution is equipped with state-of-the-art e-resources and skill labs, offering students access to a diverse range of digital materials, from virtual textbooks to interactive modules and multimedia lectures, enhancing their learning experience. Additionally, the institution has entered into a strategic collaboration with Johns Hopkins University (JHU), USA, one

of the foremost academic institutions in the world. This partnership aims to strengthen the exchange of knowledge through student exchange programs and joint research initiatives.

The faculty at the institution prioritize student well-being with stress management sessions and enriching cultural events, promoting a balanced experience. Students actively participate in various extracurricular activities, including the annual cultural program 'SYNAPSE', sports day, intercultural competitions, and more, providing opportunities for personal growth and community engagement.



## Management Message

**Dear Students,**

As you embark on your journey in the field of healthcare, I urge you to carry with you the values of compassion, empathy and a deep sense of service. At Dr. D. Y. Patil Vidyapeeth, we strive not just to educate but to inspire you to become caring professionals who can make a real difference in the world.



Two initiatives particularly close to my heart are our Organ Donation Awareness campaign and the Yashoda Human Milk Bank. These programs embody the very essence of giving and are rooted in our commitment to saving lives and supporting those in need. Organ donation is one of the most selfless acts of kindness, giving hope and a second chance at life to those who need it most. Similarly, the Yashoda Milk Bank stands as a beacon of support for vulnerable newborns, providing essential nourishment and a healthier start to life.

These initiatives remind me every day why we do what we do – they drive me forward and reinforce the importance of our collective efforts. I hope they will inspire you too. As future doctors, nurses and healthcare professionals, you have the power to impact lives in the most profound ways. Embrace this responsibility with compassion and let it guide your actions, both in your personal & professional journeys.

I also believe deeply in the empowerment of women and I encourage each one of you to uplift and support the women around you. Empowered women have the strength to transform communities and your role in fostering an environment of respect and opportunity is invaluable.

Remember, it is not just the skills you acquire that will define your success but the kindness and empathy you extend to those around you. Let these values be at the heart of everything you do. Wishing you all continued success and fulfilment in your journey ahead.

**Hon'ble Dr. Bhagyashree P. Patil**

Pro Chancellor - Dr. D. Y. Patil Vidyapeeth



## College Katta

In the third season of the College Katta session, Dr. Vrishali Patil, Head of the Department of Multi-Organ Transplant Surgery at Dr. D. Y. Patil Medical College, Hospital, and Research Centre, shared her extensive knowledge and experience with attendees.

Her engaging talk, filled with insightful discussions and inspiring anecdotes, made the session a memorable experience for all. Dr. Patil's contributions not only shed light on her journey as a surgeon but also on the stereotypes and challenges she has overcome, showcasing her patience and humility. To catch the highlights from this impactful session, watch the full interview using the link below.



**LINK:** <https://www.youtube.com/watch?v=pAeiTnFcoAY>

## August 2024 Highlights

At the forefront of global health as we explore the future of tuberculosis:

The college, in collaboration with Boston University and Johns Hopkins University, has launched a ground breaking study to explore and address long-term pulmonary effects in TB patients post-recovery. The study aims to enhance diagnostic methods and redefine prevention strategies

Students Unite in a Candlelit Call for Justice:

Students held a candle march in protest of the horrific Kolkata rape case. The solemn event saw hundreds gather to honour the victim. Their march symbolized a collective stand of the medical community against violence and a call for change.

### "DIABETES CAPITAL OF THE WORLD"

India is known as the "diabetes capital of the world," with over 77 million people affected as of 2023, which is expected to exceed 134 million by 2045. About half of those are unaware of their condition, leading to diagnosis only after complications have developed.

Every day the Department of General Surgery comes across numerous patients who have diabetic foot disorders. So, to cater to their demands, in the department, a significant milestone was reached with the inauguration of a Diabetic Foot Surgery Clinic under Dr. Virendra Athavale. In its OPD, a Diabetic Foot Assessment Machine is now being used to detect different conditions like Peripheral Vascular Disease and Diabetic neuropathy using a hand-held colour doppler, biothesiometer including foot scanning which helps to identify the various pressure changes in the diabetic foot. The "Diabetic Foot Mini Lab" machine helps to identify those diabetic patients whose feet are at risk and plan for their further management. It was a moment of collective achievement, highlighting the department's dedication to enhancing patient care and the institution's commitment to advancing medical care.

**\*Credits:** Eshita Durve, Vedika Singh, Department of General Surgery

 <https://medical.dpu.edu.in>



## Organ Transplant

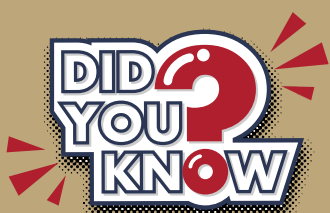
Organ Donation Month, organized by the Department of Multi-Organ Transplant in July and August, aimed to raise awareness about organ donation and encourage people to register as donors. The campaign highlighted the need for organ donors, shared stories of hope, and educated the public on the life-saving impact of organ donation.

Dr. D.Y. Patil Medical College celebrated the month with various competitions, including Poster Making, Rangoli, Singing, Skit/Drama, and Short Film. A walkathon on August 10<sup>th</sup> involved management members and students from the Medical, Dental, Ayurveda, and Pharmacy colleges, promoting organ donation with posters, dramatic performances, and a Zumba session, followed by a noble pledge to donate and other celebrations.

The Organ Donation Day drive concluded with CME on 11<sup>th</sup> August in the Auditorium of Dr. D.Y. Patil Medical College, Hospital and Research Centre, Pimpri, Pune. This day long event was inaugurated by Dr. Laxman Gophane, Medical Officer of Health, PCMC and had presence of some eminent speakers such as Ms. Arathi Gokhale, Central Coordinator Pune ZTCC; Dr. Anurag Garg, Professor & HOD of C.V.T.S; Dr. Tushar Dighe, Director, Department of Nephrology; Dr. Vrishali Patil, Organizing Chairman; Dr. Neelam Mohan, Senior Director & HOD, Gastroenterology and Liver Transplant; Prof Sanjay Nagral, Director of the Department of Surgical Gastroenterology, and was followed by an interactive panel discussion. Some of the topics discussed were Organ Sharing and Distribution, Fundamentals of Heart Lung Transplant, New Insights in Kidney Transplant, Expanding Boundaries in Liver and Pancreas Transplant, Challenges in Pediatric Liver Transplant and Pediatric Organ Donation, Transplantation, etc.



**\*Credits:** Kshitij Chawla



The green colour is used in operating rooms not only to reduce eye strain or enhance the contrast with red tissue, but it also promotes a calm environment helping surgeons maintain focus and precision during surgeries!

<https://medical.dpu.edu.in>



## Research Highlights

### Dr. D. Y. Patil Medical College, Hospital & Research Centre, Pimpri, Pune Partners with Boston University for Collaborative Research on Post TB Lung Disease

In an exciting new update - our college recently kicked off a study into the long - term pulmonary effects of TB in collaboration with Johns Hopkins University and Boston University. This project has received funding from the National Institute of Health, Bethesda, USA.



As many as 200 patients will be enrolled in this study by a distinguished group of researchers and medical professionals including Dr. Vidya Mave, Director of Johns Hopkins India, and Dr. Nishi Suryavanshi, Deputy Director at the same institution. Dr. J S Bhawalkar, Dean of DPU; and Dr. AL Kakrani, Director of Academic Collaborations. Other notable members include Dr. Barthwal MS, professor and head of Pulmonary Medicine, Dr. Parag Ratnakar, Director of the Central Clinical Laboratory, Dr. Khaladkar, professor and Head of Radiology, and Dr. Shazad Mirza, Associate Professor of Microbiology at DPU.



*\*Credits: Arvind Kondapalli, Mr. Abhay Kadam*

<https://medical.dpu.edu.in>



## Healthcare News

Global Initiative Calls for Gender-Neutral HPV Vaccination by 2030 to Prevent 5% of all Cancers Worldwide

At the World Cancer Congress (WCC) in Geneva, global health leaders unveiled a groundbreaking initiative aimed at eliminating 5% of all cancers globally by 2030. The plan calls for the adoption of gender-neutral Human Papillomavirus (HPV) vaccination, which would extend access to boys and men in addition to girls.

Peter Baker, Director of Global Action on Men's Health, emphasized the need for a more inclusive approach to HPV vaccination. "To protect both women and men effectively, it is essential to vaccinate boys, as well as girls. With political will, worldwide gender-neutral vaccination is achievable by 2030," he stated. Baker highlighted that 1 in 5 men worldwide carry a cancer-causing HPV infection and are more likely to transmit the virus than women.

HPV is responsible for approximately 5% of all cancer cases globally, leading to around 660,000 cases in women and 180,000 cases in men annually. While cervical cancer is the most common HPV-related malignancy, the virus also causes penile, anal, and head and neck cancers, underscoring the need to vaccinate both genders.



The initiative, announced at the WCC, aims to shift the narrative around HPV prevention, which has traditionally focused on women, to include men and boys. Global health advocates believe that by adopting gender-neutral vaccination strategies, the world could make a significant leap towards cancer prevention and equity in healthcare access.



\*Credits: Dr. Benod Kumar K.

## Health Tips



### Eat Light Meals:

Heavy meals can make you feel sluggish in hot and humid weather. Eat light, balanced meals to keep your energy up.



### Exercise Early or Late:

If you exercise outdoors, do so early in the morning or late in the evening when it is cooler.



### Avoid Stagnant Water:

Remove stagnant water from residential areas to reduce mosquito breeding grounds.



### Blue Light Glasses for Night Study:

If you study late at night, consider using blue light-blocking glasses or apps that reduce blue light on your devices. This can help minimize eye strain and improve sleep quality.

\*Credits: Shreeya Singh

 <https://medical.dpu.edu.in>



## Wellness Program

In July 2024, 58,750 ml of milk was collected, with 42,300 ml distributed to the NICU and 223 donors contributed. Concurrently, 11 blood donation camps were held, including at Dr. D. Y. Patil Ayurveda College and Talegaon Somatne Phata, collecting a total of 635 units with 50 from in-house donations. These combined efforts reflect the community's strong commitment to supporting health initiatives and saving lives through milk and blood donations.



## Out Reach Program

Activity	Venue	Date	Team Composition	Beneficiaries
Free Multi - Diagnostic Mega Health Checkup Camp	Bazaar Maidaan, Wagholi, Dist. Pune	25/08/2024	22 members of various specialists.	Approx. 10,000 patients
Multi-Diagnostic School Health Checkup Camp	Dr. D. Y. Patil Public School, Sant Tukaram Nagar, Pimpri, Dist. Pune	28/08/2024 29/08/2024	24 members of various specialists.	720 students (397 Boys, 323 Girls), 33 referrals
Multi-Diagnostic Health Checkup and Blood Donation Camp	Rise N Shine Biotech Pvt. Ltd., Theur, Dist. Pune.	12/08/2024	54 members of various specialists.	660 beneficiaries (Male-27, Female-633), 25 referrals, 18 blood donations
Multi-Diagnostic Mega Health Checkup Camp	Agriculture College Ground, Sinchan Nagar, Bhosale Nagar, Dist. Pune	04/08/2024	102 members of various specialists.	Approx 10000 patients.

\*Credits: Dept. of Community Medicine, Dept. of Blood Donation, Shreeya Singh, Kshitij Chawla

## Upcoming Events

# URJJA

23<sup>rd</sup> - 28<sup>th</sup> SEPT 24



**World Heart Day**

**29<sup>th</sup> Sept**

## Alumini Spotlight

**Message:** It feels surreal to write a message from the perspective of an alumni since it is the most humbling reminder that I am not an 18-year-old anymore and that I must appreciate the term 'responsibility' more than ever before. These 5.5 years have been an amalgamation of my MBBS degree and life lessons, the latter being far more out of syllabus than one can expect.

For those of you starting your college life, every day is a different challenge, some you can laugh about, and some you will cry about in the future. At the end of the day, everything falls into place and happens for a reason, you just need a little patience, courage, and self-belief. And for those fearful about the future take one day at a time! I came across this quote, '**Courage is not the absence of fear, but rather the judgment that something else is more important than fear.**' In summary, do not let fear vanquish your true capabilities that the outside world deserves to appreciate and be courageous enough to take a chance on yourself.

Thank you to the student editorial board for giving me an opportunity to contribute to the alumni section of this newsletter and I appreciate each one of them for starting a wonderful initiative for our students. Best of luck to everyone!

**Dr. Vishakha Jayram**  
Batch of 2018



## Exceptional Achievement



**Dr. Kranthi Dandi**

Medical residents Dr. Kranthi Dandi and Dr. Harsha have recently brought great honor to our institution through their remarkable achievements in esteemed academic competitions. Dr. Dandi earned second prize in both the Scientific Paper Presentation and the Case Reports & Case Series categories, demonstrating his profound research skills and dedication to the field. Equally impressive, Dr. Harsha secured first place in the Innovation and Novel Hypothesis category at the prestigious UNMESH conference, excelling among participants from diverse disciplines.

These exceptional accomplishments not only reflect the unwavering commitment of our residents to academic excellence but also underscore the institution's dedication to fostering a supportive environment for groundbreaking research and innovation.



**Dr. Harsha**



## Student's Opinion Article



### Advika Saxena

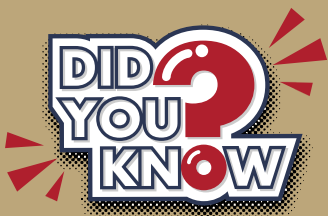
The first year of MBBS felt like being thrown into a medical tornado. I spent more time with my anatomy textbook than with actual humans, and caffeine became my best friend. Successfully dissected cadavers and survived Neelesh sir's surprise quizzes. Biochemistry? That was a blur of pathways—still not sure how ATP became a part of my daily life. Between deciphering the Krebs cycle and figuring out why the body isn't just one big chemical reaction, I somehow found time to laugh at my own confusion.

### Vidyaansh Kohli

My first year journey, starting the day with running to classes at 8:30 in the morning with a jam sandwich in my hands and ending it with Neelesh sir's thrilling viva in dissection, my first year of MBBS has been nothing short of remarkable and a dream come true. It was a year of new beginnings, beautiful friendships and amazing opportunities. I will cherish all the experiences I've had this year that have helped me grow as a person and added different inputs to my perception of how things work. Dissecting the cadavers, performing clinical examinations and the estimation practicals have all added greatly to my learning and I am grateful for it everyday.



*\*Credits: Advika Saxena, Vidyaansh Kohli, Satvika Aggarwal*



The first successful open heart surgery was performed by Dr Clarence Walton Lillehei (also known as the Father of open heart surgery) on September 2, 1952, on a 5-year-old girl who had Tetralogy of Fallot, by using a cross-circulation technique where her blood circulation during the procedure was supported by her father's circulation!

## Student Corner

With the second edition of DPU Dive, we celebrate the stellar achievements of our students at AFMC Silhouettes 2024:

**Drama Nukkad Team**  
1<sup>st</sup> position in  
"Tamasha Tere Mera"  
**Nukkad Natak Competition**



**Boys Basketball Team**  
1<sup>st</sup> position  
in **AIMBT 2024**

**Kshitij Chawla**  
(Third Year Part 2 MBBS)  
**Best Speaker** in the  
**Hindi Debate Competition**



**Drama Stage Team**  
3<sup>rd</sup> position in  
"Curtain Call"  
**Stage Play Competition**



**Harsh Garg** (Third Year Part 1 MBBS)  
3<sup>rd</sup> position in the "**Laugh Up**" **Stand-up Comedy competition**



**Vidushee Manchanda** (Third Year Part 1 MBBS) & **Aditii Balasia** (Second Year MBBS) 3<sup>rd</sup> position in the **English Debate Competition**

**Dance Team - 4<sup>th</sup> position in Non-Thematic Group Dance Competition**



**Dance Group** consisting of Dr. Vidisha Nair (Intern), Dr. Ann Sebastian (Intern), Dr. Akshita Bammi (Intern), Janhavi Som Saha (Third Year Part 2 MBBS), Shubhashree K. (Second Year MBBS) and Bhavya S. Suresh (Second Year MBBS) - 3<sup>rd</sup> position in **Non-Thematic Group Dance Competition**



**Simran Aashi**  
(First Year MBBS)  
1<sup>st</sup> position in  
**Digital Art**



**Fashion Show Team**  
3<sup>rd</sup> position  
in "**Panache**"  
**Fashion Show**



**Maithilee Abale**  
(Second Year MBBS)  
1<sup>st</sup> position in  
**Mandala Art**

**Mrunal Jadhav**  
(First Year MBBS)  
1<sup>st</sup> position in  
**H&E Drawing Competition**

**Riya Vibhandhik** (Second Year MBBS) and **Mishika Dawani** (Second Year MBBS)  
Special Mention in Unique Artwork and Rangoli Making Competitions

\*Credits: Dr. D.Y. Patil Medical College, Hospital and Research Centre, Pimpri, Pune, U. G. Section, Avniya Aldaan, Sandipta Singha

## KYC (Know Your Clinician)

### *Living the dream one nautical mile at a time.*

This edition's KYC inspires us with the life of, Surgery Rare Admiral Dr. Vishwanath, our esteemed Head of the Department of Plastic Surgery.

#### 1) What inspired you to pursue a career in plastic surgery?

I found my inspiration as an undergraduate in the now long-lost footnotes of my favourite textbook Short Practice of Surgery by Bailey & Love. I had several discipline choices for specialization. However, the innovation and "out-of-the-box thinking" needed in plastic surgery ignited my passion for this discipline.



**Dr. Vishwanath**

#### 2) How do you approach continuous professional and technological development in such a rapidly evolving field?

Continuous professional development is inevitable. 50% of concepts learned today might be irrelevant 10 years down the lane. Choosing which part of your education caters to the patient's treatment is essential. Technological development is arriving at us at an exponential pace. The challenge here is to determine what is applicable, what has a future, what is safe, and what is not. "It's better not to discard something because it's old but embrace something because it's better not because it's new."

#### 3) How do you manage patient expectations, especially when it comes to cosmetic procedures?

Healing varies among patients. Managing expectations in any branch of medicine involves honest discussions about feasibility, risks, and outcomes, ensuring mutual agreement, and understanding by open communication between patient and surgeon.

#### 4) On the Misconceptions regarding Plastic Surgery, Sir Commented:

Misconceptions and myths regarding plastic surgery are rife in the community, often fuelled by movies and TV serials that depict a person entering an operating theatre and emerging as someone entirely different. These are fanciful myths with no shred of reality. The truth is that plastic surgery is a form of surgery that achieves its results by operating, moving tissues, adding tissues, removing tissues, and moulding tissues to achieve a certain outcome. This much is feasible and must be explained to patients right from the first consultation to dispel any wild expectations they might have about the outcomes. Patients often come in "shopping for opinion, seeking magic," but it is crucial to ground their expectations on reality.

#### 5) His ways towards a stress-free lifestyle?

Spending time with family is my biggest stress buster. Other than that, I love to Play the flute. "I am a DIY Enthusiast, so I repair equipments at home and restore old products, make electronic circuits, etc." I usually do not have music at my workplace so for me music is relaxing. I mostly indulge in the music of my own making. I am fortunate enough to have a diverse musical palette. I enjoy Western classical music, folk music, rock music, and even Inuit throat singing, "which by the way, you must try."

**6) Let's Talk about food and travel:**

I am a foodie, sometimes a cook, and most of my travels are food-oriented. Me and my wife did a travel tour of the North East of India, where we enjoyed the diverse cuisines of Assam and the North Eastern states. Uzbekistan was another delectable gastronomic tour. He added by saying that "the Exploration of food and music from various regions has too much joy to miss out on. Having spent 38 years in the Indian NAVY, I honour everything that crosses my path, whether it is a new dish or a new melody.

**7) Tell us about a memorable experience from those 38 years in the Indian NAVY.**

In 2004, I was posted at Vishakhapatnam, Following the Tsunami I was sent as the team leader on a Hospital Ship to Aceh, Indonesia, which was quite a very rewarding experience. We worked with over 20 teams from various ethnicities. We did not look at things as what we wanted to do, we looked at everything as how we could contribute to treat patients. We would get extra supplies of anything we would supply it to the patients, and if the other relief agencies are overloaded, we take over patients from them. We dug our sanitary pits for the disposal of our own waste. The materialistic mindset of everything had vanished. When we came back, we won a lot of respect, a lot of gratitude, and a lot of admiration but seeing all that devastation, disruption and destitution was a striking experience.

**8) Who has been your biggest influence or mentor in life, and why?**

"There are so many how can pick one? Let me start with a surgeon from my internship days, who was widely admired for his skill, safety, and speed. The inspiration to develop my skill came from there, then came Dr. S Raja Sabhapati interacting with whom modified my vision towards my profession, my work and towards myself." Sir added to this by remembering his father who was always of the opinion, "that you are much more likely to regret the things that you have not tried rather than the things that you tried and have gone wrong. So, he always encouraged me to give it a shot and not feel too bad if it does not work out. He was firmly of the opinion that if nothing was ventured, nothing would be gained."

**9) "Physician's credo": Dr. Vishwanath's Guiding principles:**

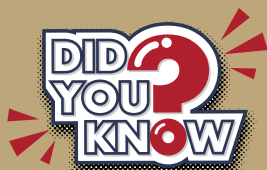
**Do no harm, To cure something  
To alleviate often But to comfort always.**

There are going to be patients who are going to be very benefitted from your interactions and some not so much but every interaction with you as a doctor should be one, that is of some benefit to the patient, that it produces hope, comfort, and solace to the patient.

**10) Advice for Students:**

"I found plastic surgery interesting, here I am today. find your passion. What works for me, need not work for you. But something will work for you, so don't sit around. Get up, move a little, go find your passion. It is not going to come to you, go find it. Seek an attachment. Seek an elective for rotation. Ask questions, find out the answers, and find your passion." At the end, he added by saying: "If you think it lies in the realm of plastic surgery, come over, we will show you all about it."

*\*Credits: Dr. Vishwanath HOD Plastic Surgery, Krishna Agarwal, Shatakshi Lahariya*



People can actually die of a broken heart! Takotsubo myopathy is also called the broken heart syndrome that happens right after a physically or emotionally stressful event!

## Message from the Dean

### Dear Readers,

Here we unveil the second edition of the DPU DIVE Newsletter, let us take a moment to celebrate the incredible achievements of our institution. Each milestone reflects the dedication and hard work of our faculty, students, and staff. I encourage you to stay engaged and share your own stories of success and inspiration.

This month, we celebrate the remarkable achievements of our institution, including Dr. D.Y. Patil Medical College's impressive 11<sup>th</sup> position in the National Institutional Ranking Framework (NIRF) 2024.

This month was celebrated as Organ Donation Month, for which the Department of Multi-Organ Transplant Surgery has organized various activities for the faculty and students. In addition to the extracurricular activity, we had a third season of the College Katta session in which Dr. Vrishali Patil, Head of the Department of Multi-Organ Transplant Surgery at Dr. D. Y. Patil Medical College, Hospital, and Research Centre, shared her extensive knowledge and experience with attendees. We collaborated with Boston University and Johns Hopkins University this month. In the previous month, 58,750 ml of human milk was collected from 223 donors, out of which 42,300 ml were distributed to the NICU. Additionally, we report on our vital community efforts, including blood donation camps held at different locations by the Blood Bank Unit of the institute. In addition to this, various extension and outreach programs were conducted by the medical college. Our college students also held a candle march in protest of the horrific Kolkata rape case.

Together let's continue to strive for excellence in medicine, pushing boundaries and embracing innovative approaches to healthcare. Your support is vital in fostering a community committed to making a difference.

Best regards

**Dr. J. S. Bhawalkar**

**Dean**

Dr. D. Y. Patil Medical College, Hospital and Research Centre, Pimpri, Pune



## Promoting Mentor-Mentee Relationship

### *Guiding principles of a successful mentorship*

- 1 **Active Listening** - This can help create a friendly atmosphere, thus rendering mentees more receptive to advice or constructive criticisms
- 2 **Empathy** - An important skill for all medical professionals. It can help mentors quickly recognise the root of an issue and address it effectively
- 3 **Experience** - Perhaps the most valuable resource a mentor can provide. Life experience is a treasure trove for lost younger mentees.
- 4 **Boundaries** - Maintenance of appropriate mentor-mentee boundaries can help facilitate smooth and rewarding mentoring sessions for both mentor and mentee

***A healthy mentor mentee relationship will empower the mentees to achieve their full potential.***

*\*Credits: Dr. (Mrs.) P. Vatslaswamy, Dr. J. S Bhawalkar, Dr. Abha Arya, Dhriya Shah, Heer Suhandani*

## Message from the Editor



### ***Dear Readers,***

With the 2nd edition of DPU Dive, I would like to thank you all for reading our newsletter and for your continued support. Let's celebrate our achievements and get inspired for more. Please share your thoughts and suggestions to help us improve.

Best Regards,  
Krishna Agarwal

## Quizzes for Students

**ACADEMIC:** PYQs: <https://form-timer.com/start/b361727c>

**NON-ACADEMIC:** guess the song by the emoji: <http://form-timer.com/start/c77305f0>

### **WINNERS For July Edition**

**Non-Academic Quiz** - Pranav Kohli - 2nd MBBS

**Academic Quiz** - Krishna Gulati - 2nd MBBS

*\*Credits: Paridhi Jain, Dhriya Shah*

## Code Red



To thrive and strengthen our research DPU has adopted the improved version of iThenticate 2.0 from 4th September 2024.



The deadline for DPU STS proposals has been extended to the 10th of September 2024.



DPU has developed the Undergraduate Research Policy which aims to create a formal framework to encourage and support undergraduate students in their research pursuits. It also encourages the implementation of a Journal Club in order to establish publication initiatives.



All the interns and residents are encouraged to undertake ACLS training.

*\*Credits: Dr. D.Y. Patil Medical College, Hospital and Research Centre, Pimpri, Pune, U. G. Section, Ananya Tandon*

## Obituary

*In Loving Memory of  
**Harsh Nandlal Gupta***



With great sadness, we share the news of Harsh Nandlal Gupta's passing away on 7<sup>th</sup> August 2024. Harsh was a bright, compassionate student whose enthusiasm for learning and kindness towards others left a lasting impact. He was loved by his teachers and peers alike, and his absence will be deeply felt. **May his soul rest in peace.**

## Feedback - 1st Edition

**Click Here To Fill Feedback Form !!**

<https://forms.gle/LWukGMeLCW6cUt4k7>

## General Information

### Contact Us:

Dr. D. Y. Patil Medical College, Hospital and Research Centre  
Pimpri, Pune, Maharashtra, India

**Phone:** +91 20 27805100 / 27805101 / 67116499

**Email:** [info.medical@dpu.edu.in](mailto:info.medical@dpu.edu.in)

**Website:** [www.medical.dpu.edu.in](http://www.medical.dpu.edu.in)

### About DPU Dive Newsletter:

The DPU Dive Newsletter is a monthly publication by Dr. D. Y. Patil Medical College, Hospital and Research Centre, providing updates on the latest medical research, events, and innovations within our institution. Our goal is to keep our community informed and engaged with the advancements and achievements in the field of medicine.

<https://medical.dpu.edu.in>

### Stay Connected:

Follow us on social media for more updates:

**Facebook:** <https://www.facebook.com/DPUMedical>

**Twitter:** <https://x.com/DPUPune>

**Instagram:** <https://www.instagram.com/dpu.medicalcollege>

For more information, visit our website or contact us directly. We appreciate your support and contribution to the DPU Dive Newsletter.

